ADAPT-PT/RC 2015

Getting Started Tutorial

ADAPT-PT mode

Update:

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This ADAPT-PT/RC 2015 Getting Started Tutorial is intended to be used as a practical example and guide for modeling a 2D post-tensioned two-way slab frame in the PT mode of the program. While the example is related to a specific system type (two-way slab) the workflow applies to input of one-way slabs and beams. For additional information, refer to the **ADAPT-PT/RC 2015 Getting Started Tutorial for RC mode** and the **ADAPT-PT/RC 2015 User Manual**. Both documents can be accessed from the HELP menu of the program.

The example model is created with the help of a wizard which consists of different *Input Forms*. Each *Input Form* can be accessed at any time through the *Menu Bar*. The input that you provide on the *Input Forms* is displayed real-time in the *Structure View*. The view of the structure can be modified with the help of the *View Toolbar* which contains *View Tools* with which you can change the perspective, turn on and off components and zoom. The *Main Toolbar* contains *Common Tools* such as *New Project*, *Open Project* and *Save Project*.

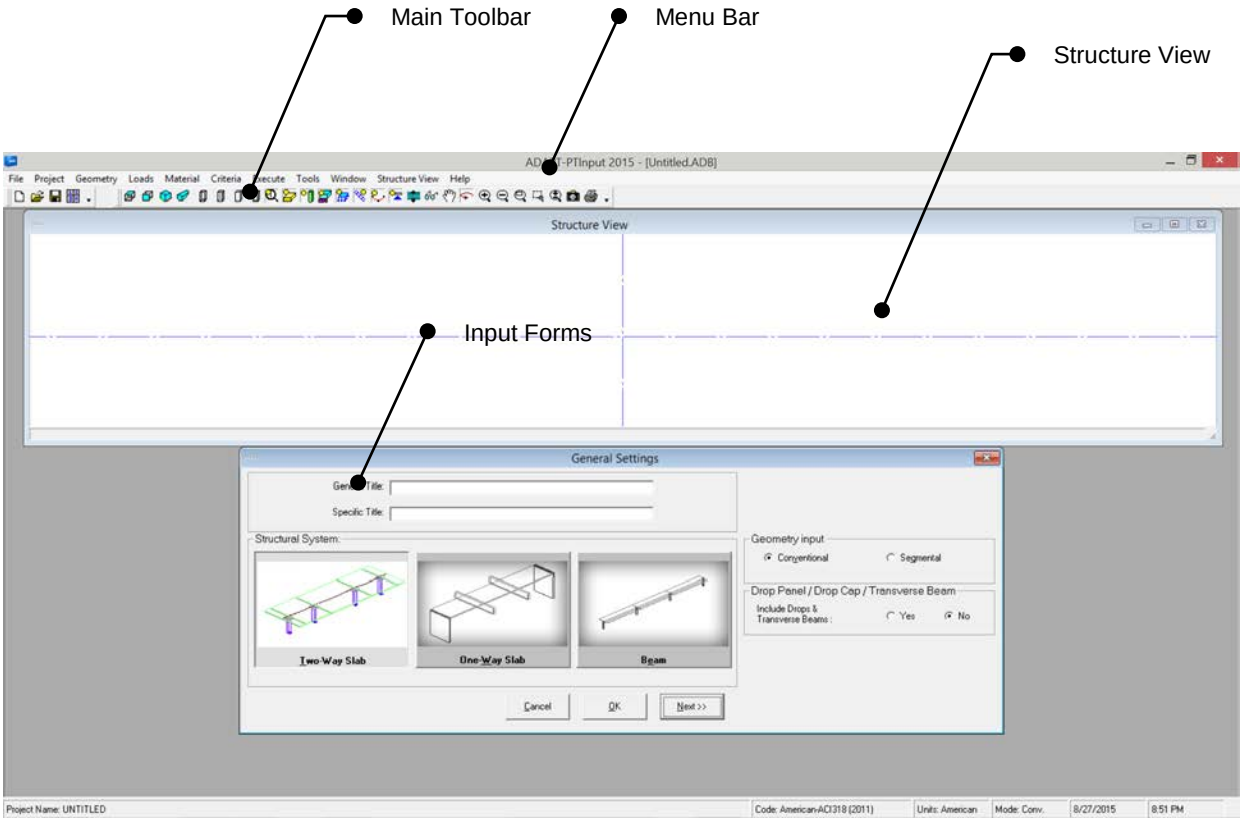


FIGURE 1: ADAPT-PT User Interface

1 COLUMN-SUPPORTED SLAB (TWO-WAY SYSTEM)

The objective of this tutorial is to explain how a floor strip or frame line is idealized from a complete floor system and modeled as a slab- or beam-frame ADAPT-PT/RC 2015. This tutorial will demonstrate the step-by-step procedure in the PT mode of ADAPT-PT/RC to generate data, analyze and design a column-supported slab which is a part of a floor system. A column-supported slab is generally considered as a two-way system. The tutorial covers the following features of the program:

- Generation of input data, using the simple "Conventional" option of the program.
- Design based on the post-tensioning "effective force" method, as opposed to selection of number of tendons.

The structure selected is a typical design strip from a floor system. The geometry, material, loading and other particulars of the structure are given below. The geometry of the whole floor is shown in **Figure 1-1**. The design strip for this tutorial is shown hatched in **Figure 1-2**.

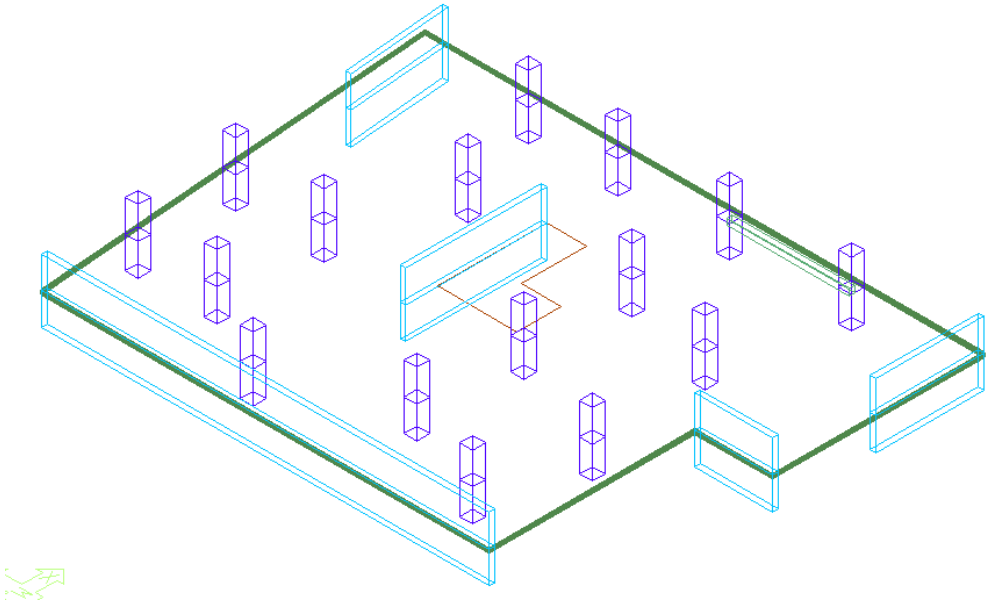


FIGURE 1-1

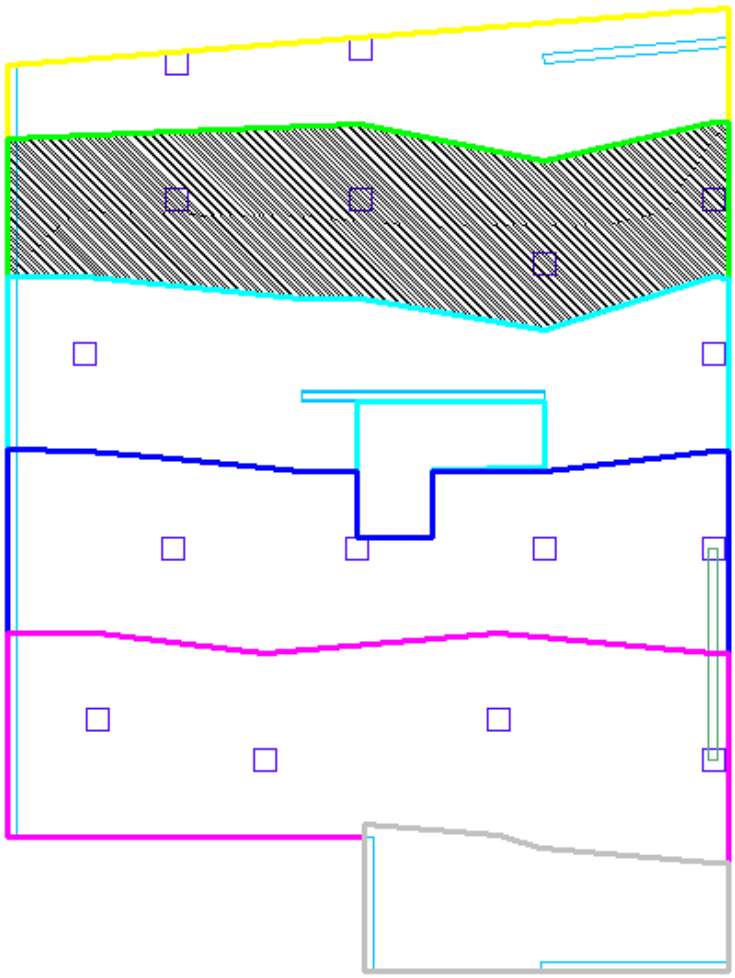


FIGURE 1-2

The lengths and tributary widths of the spans of the design strip in orthogonal direction are shown in **Figure 1-3**.

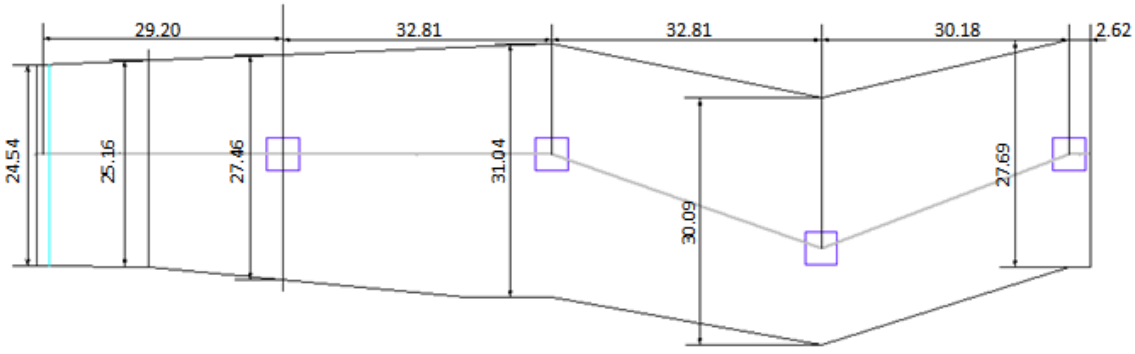


FIGURE 1-3

The elevation of the design strip is shown in **Figure 1-4**.

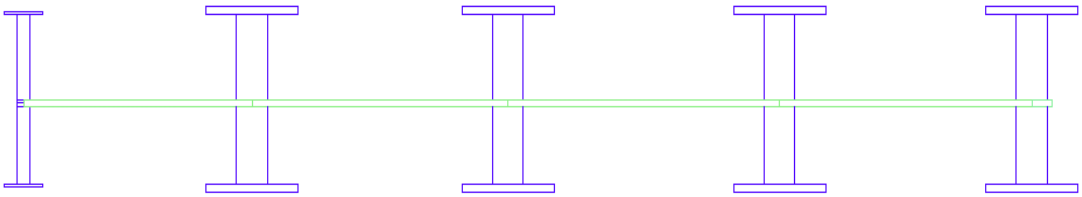


FIGURE 1-4

The length of the spans of the design strip along support line 2 is shown in **Figure 1-5**.

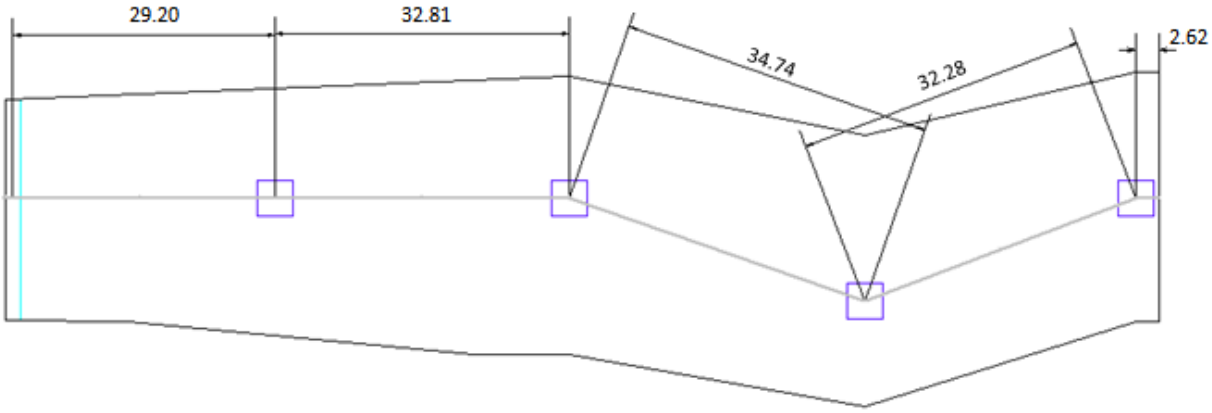


FIGURE 1-5

The idealized design strip is shown in **Figure 1-6**.

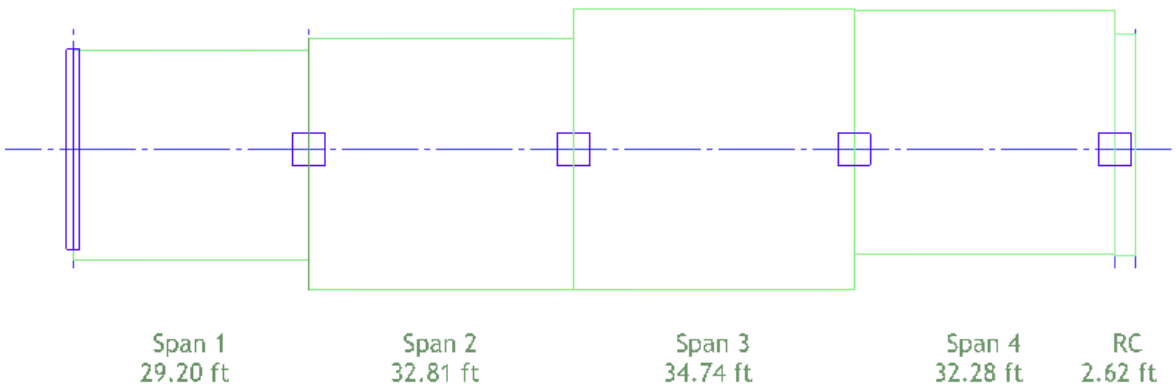


FIGURE 1-6

MATERIAL PROPERTIES AND LOADING

Thickness of slab = 10 inch

(i) Material Properties

- Concrete:

Compressive strength, f'_c	= 4000 psi
Weight	= 150 pcf
Modulus of Elasticity	= 3605 psi

- Prestressing:

Low Relaxation, Unbonded System	
Strand Diameter	= 0.5 inch
Strand Area	= 0.153 inch^2
Modulus of Elasticity	= 29000 ksi
Ultimate strength of strand, f_{pu}	= 270 ksi
Minimum strand cover	
From top fiber	= 1.5 inch
From bottom fiber	
Interior spans	= 1.5 inch
Exterior spans	= 2 inch

- Nonprestressed Reinforcement:

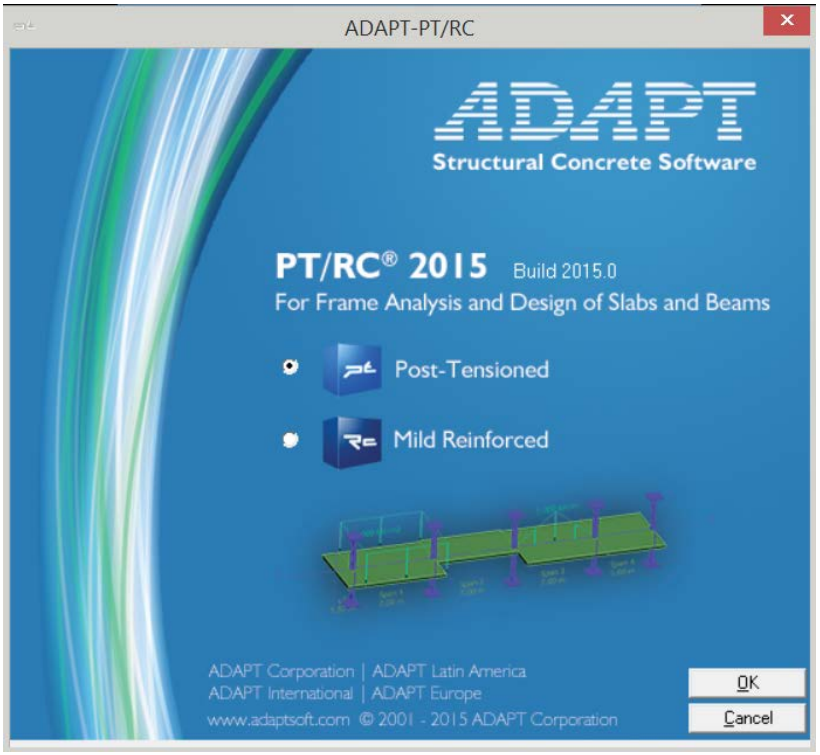
Yield stress, f_y	= 60 ksi
Modulus of Elasticity	= 29000 ksi
Minimum Rebar Cover	= 1 inch Top and Bottom

(ii) Loading

Superimposed Dead load	= 30 psf (uniform)
Live load	= 50 psf (uniform)

1.1 GENERATE THE STRUCTURAL MODEL

When the program is launched from the desktop shortcut or from the computer START menu, the opening screen will appear as below. This screen gives you the option to select a design mode of **Post-Tensioned or Mild Reinforced**. For this tutorial, select the **Post-Tensioned** option and **OK**. This will open the PT mode of the program where the PT input forms are active and loaded.



In the ADAPT-PT 2015 input screen, click the *Options* menu and set the *Default Code* as **American-ACI318 (2011) / IBC 2012** and *Default Units* as **American**.

1.1.1 Edit the Project Information

1.1.1.1 General Settings

Open the new project by clicking either **New** on the *File* menu or the **New Project** button on the toolbar. This automatically opens the *General Settings* input screen, as in **Figure 1.1-1**. You can enter the *General Title* and /or *Specific Title* of the project in that window. For the purpose of this tutorial, enter the *General Title* as **Support Line 2**. This will appear at the top of the first page of the output. Enter *Specific Title* as **Two Way Slab**. This will appear at the top of each subsequent page of the output.

Next, select *Geometry Input* as **Conventional**.

Next, select the *Structural System* as **Two-Way slab**. Then there is an option to include drop caps, transverse beam and/or drop panels. In this case select **No**.

Click **Next** at the bottom right of this screen to open the next input screen, *Design Settings*.

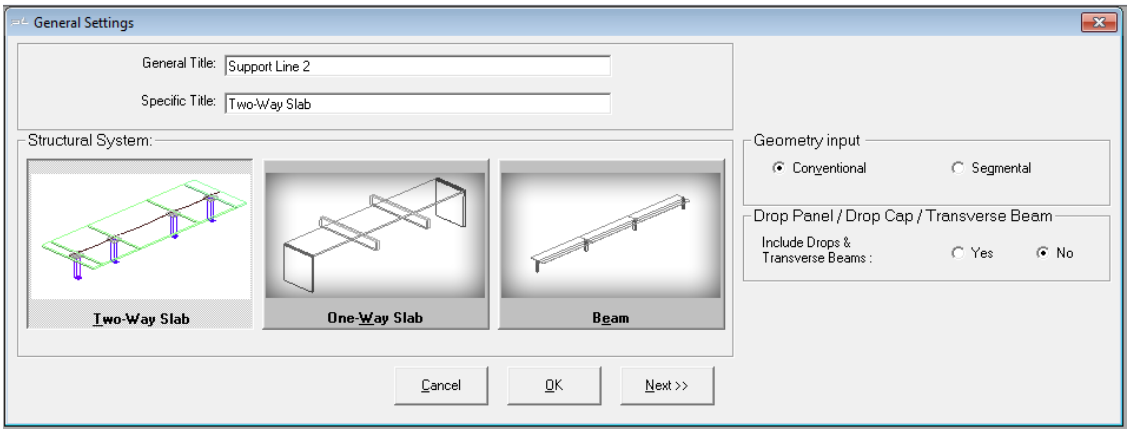


FIGURE 1.1-1

1.1.1.2 Design Code

In the Design Code screen, set the code as **American-ACI318 (2011) / IBC 2012.**

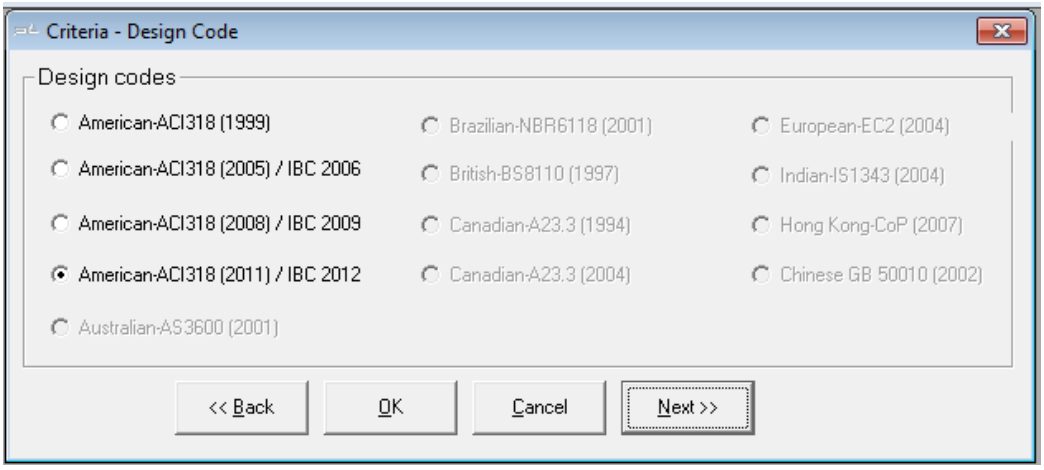


FIGURE 1.1-2

1.1.1.3 Design Settings

This screen is divided into three parts: *Analysis options*, *Design options*, and *Contribution to unbalanced moment*.

In *Analysis options*, you can select various calculation settings. First, select the *Execution Mode* as **Interactive**.

Next, select **Yes** for *Reduce Moments to Face-of-Support* option.

Select **No** for the option to *Redistribute moments*.

Select **Yes** for the Equivalent Frame Modeling.

In *Design options*, **check** *Use all provisions of the code* that you have selected in the previous step.

In *Generate moment capacity based on*, **check** *Design Values*.

In *Contribution to unbalanced moment*, leave the contribution of *Top isolated bars*, and *Bottom isolated bars*, and *Post-tensioning* as default values (**100** percent).

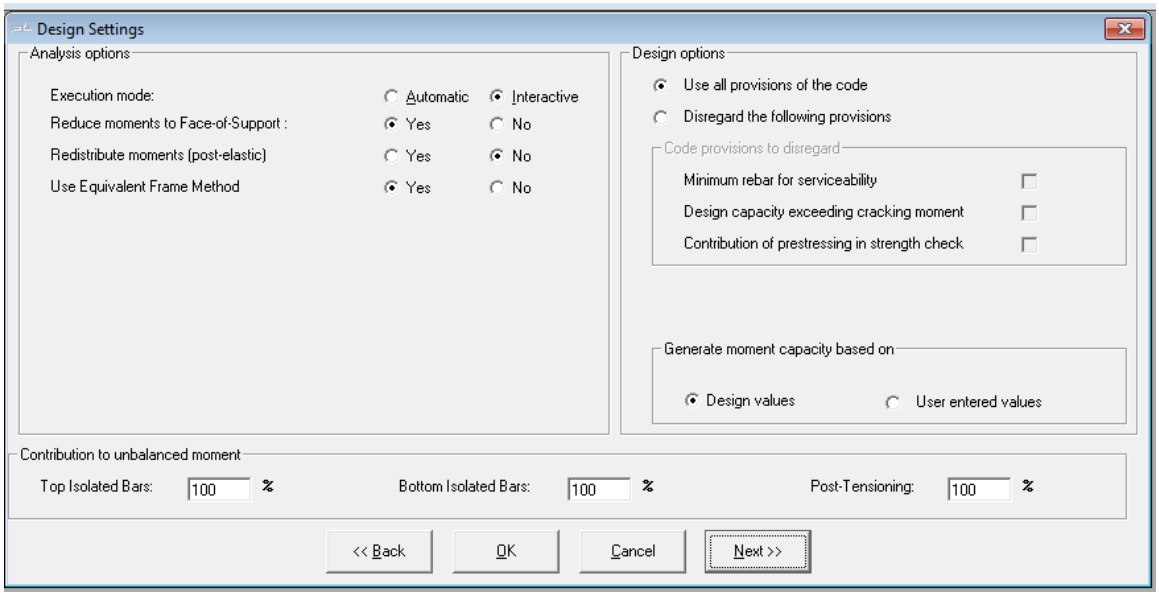


FIGURE 1.1-3

Click **Next** at the bottom right of the *Design Settings* screen to open the *Span Geometry* input screen.

1.1.2 Edit the Geometry of the Structure

1.1.2.1 Enter Span Geometry (Figure 1.1-4)

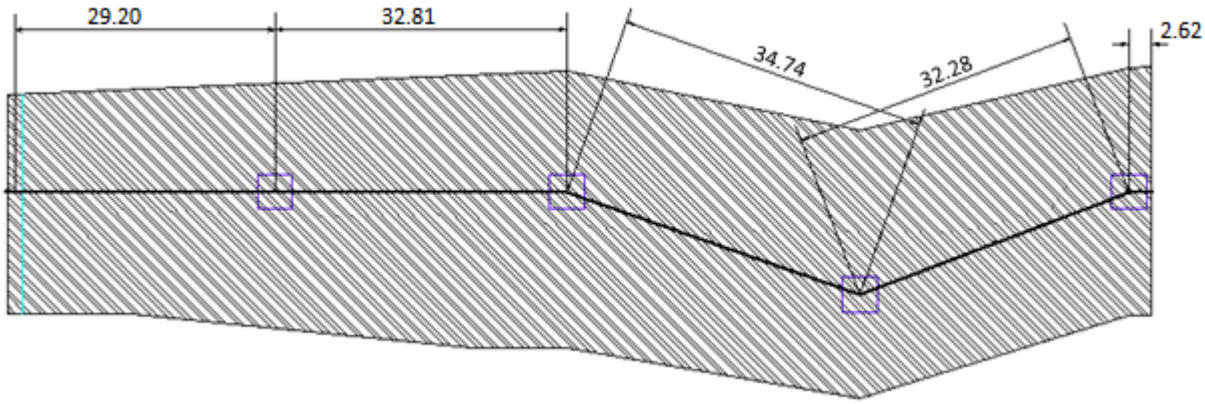


FIGURE 1.1-4

This screen is used to enter the cross-sectional geometry of the slab as per Figure 1-6.

Set the *Number of Spans* as **4** either by clicking the **up arrow** or using **CTRL +.**

Select the section, *Sec*, as **Rectangular** and edit **29.20 ft** for length, *L*, **310.00 in** for width, *b*, and **10 in** for height, *h*, for SPAN 1. Similarly enter details for SPAN 2, 3, 4 and R-Cant as shown in Figure 1.1-5. The widths (*b*) of each span are average tributary width for that span.

As you enter the values, the span is displayed in real-time in the 3D window.

The reference height (Rh) identifies the position of a reference line that is used to specify the location of the tendon. Typically, the reference height is set equal to the slab depth. Edit reference height, *Rh* as **10 in**, i.e., slab depth, for all spans.

The left and right multiplier columns (<-M and M->) are used to specify the tributary width to indicate how much of the tributary falls on either side of the support line. For this tutorial, tributary method is used, i.e., tributary widths are entered as width, *b*, and the ratio of the tributary width on either side of the support line is entered as the left and right multipliers. For SPAN 1, enter <-M and M-> as **0.47** and **0.53** respectively. Similarly enter details for SPAN 2, 3, 4 and R-Cant as shown in Figure 1.1-5.

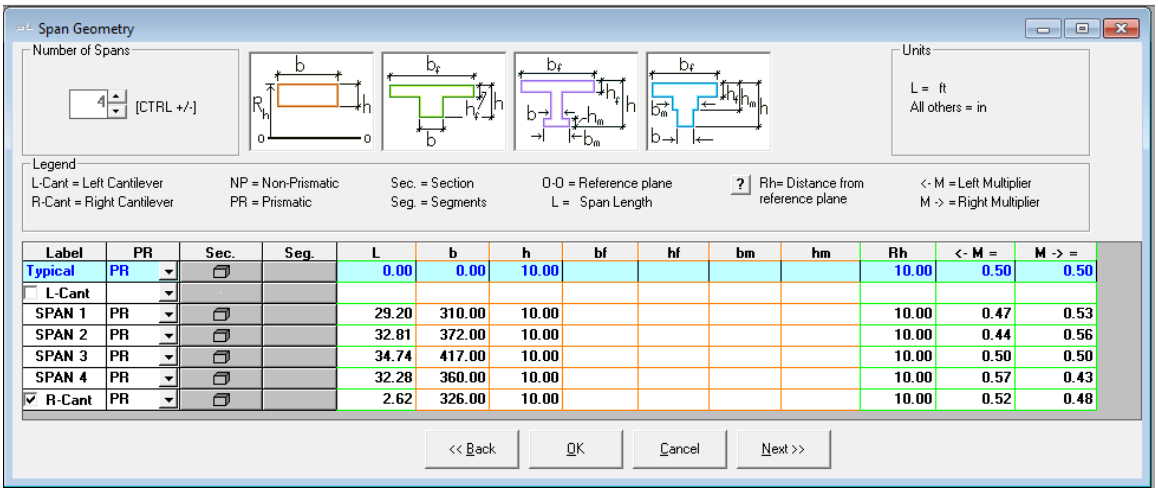

Span Geometry
Number of Spans
4
[CTRL +/-]
Units
L = ft
All others = in
Legend
L-Cant = Left Cantilever
R-Cant = Right Cantilever
NP = Non-Prismatic
PR = Prismatic
Sec. = Section
Seg. = Segments
0-0 = Reference plane
L = Span Length
? Rh= Distance from reference plane
<- M = Left Multiplier
M -> = Right Multiplier
Label PR Sec. Seg. L b h bf hf bm hm Rh <- M = M -> =
Typical PR 0.00 0.00 10.00 10.00 0.50 0.50
L-Cant
SPAN 1 PR 29.20 310.00 10.00 10.00 0.47 0.53
SPAN 2 PR 32.81 372.00 10.00 10.00 0.44 0.56
SPAN 3 PR 34.74 417.00 10.00 10.00 0.50 0.50
SPAN 4 PR 32.28 360.00 10.00 10.00 0.57 0.43
R-Cant PR 2.62 326.00 10.00 10.00 0.52 0.48
<< Back
OK
Cancel
Next >>

FIGURE 1.1-5

Click **Next** on the bottom line to open the next input screen.

1.1.2.2 Enter Support Geometry

This screen is used to input column/wall heights, widths and depths. You may enter dimensions for columns/walls above and/or below the slab.

Select the **Both Columns** from the support selection. Enter **9.02 ft** for *H1* and **9.84 ft** for *H2* in the typical row and press **ENTER**, since all the supports are the same height.

Next, enter the dimensions of the supports. B is the dimension of the column/wall cross-section normal to the direction of the frame. D is the column/wall dimension parallel to the frame.

Enter the given column/wall dimensions as in **Figure 1.1-6.**

On this input screen, you can select for each support whether the left edge and the right edge of that support is interior or exterior.

In this case, all supports are interior as the span is an interior span.

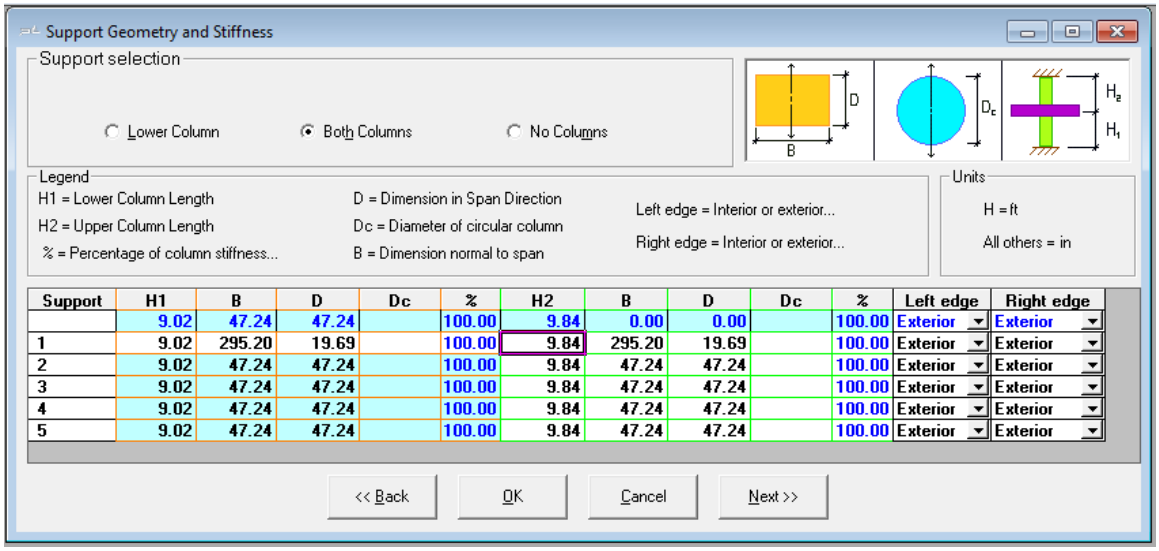

Support Geometry and Stiffness
Support selection
Lower Column
Both Columns
No Columns
D
B
Dc
H2
H1
Legend
H1 = Lower Column Length
H2 = Upper Column Length
% = Percentage of column stiffness...
D = Dimension in Span Direction
Dc = Diameter of circular column
B = Dimension normal to span
Left edge = Interior or exterior...
Right edge = Interior or exterior...
Units
H = ft
All others = in
Support | H1 | B | D | Dc | % | H2 | B | D | Dc | % | Left edge | Right edge
9.02 | 47.24 | 47.24 | 100.00 | 9.84 | 0.00 | 0.00 | 100.00 | Exterior | Exterior
1 | 9.02 | 295.20 | 19.69 | 100.00 | 9.84 | 295.20 | 19.69 | 100.00 | Exterior | Exterior
2 | 9.02 | 47.24 | 47.24 | 100.00 | 9.84 | 47.24 | 47.24 | 100.00 | Exterior | Exterior
3 | 9.02 | 47.24 | 47.24 | 100.00 | 9.84 | 47.24 | 47.24 | 100.00 | Exterior | Exterior
4 | 9.02 | 47.24 | 47.24 | 100.00 | 9.84 | 47.24 | 47.24 | 100.00 | Exterior | Exterior
5 | 9.02 | 47.24 | 47.24 | 100.00 | 9.84 | 47.24 | 47.24 | 100.00 | Exterior | Exterior
<< Back
OK
Cancel
Next >>

FIGURE 1.1-6

Click **Next** on the bottom line to open the *Supports Boundary Conditions* input screen.

1.1.2.3 Enter Support Boundary Conditions

This screen is used to enter support widths and column boundary conditions.

Support widths can be entered if you answered "Yes" to the "Reduce Moments to face-of- support" question on the *Design Settings* screen, i.e., if you answered "No", you cannot input values in the *SW* column. This input value will be used to calculate the reduced moments.

Since the support width, *SW*, is set to the column/wall dimension (D) as a default, the SW values will be automatically determined from the support geometry and cannot be modified by the user. If you want to input the *SW* values, **uncheck** the *SW=Column Dimension box*.

Select the boundary conditions for *lower* and *upper* columns as **1**(fixed) from the drop down list.

Leave the *End Support Fixity* for both the left and right supports as default **No**. This will be used when the slab or beam is attached to a stiff member.

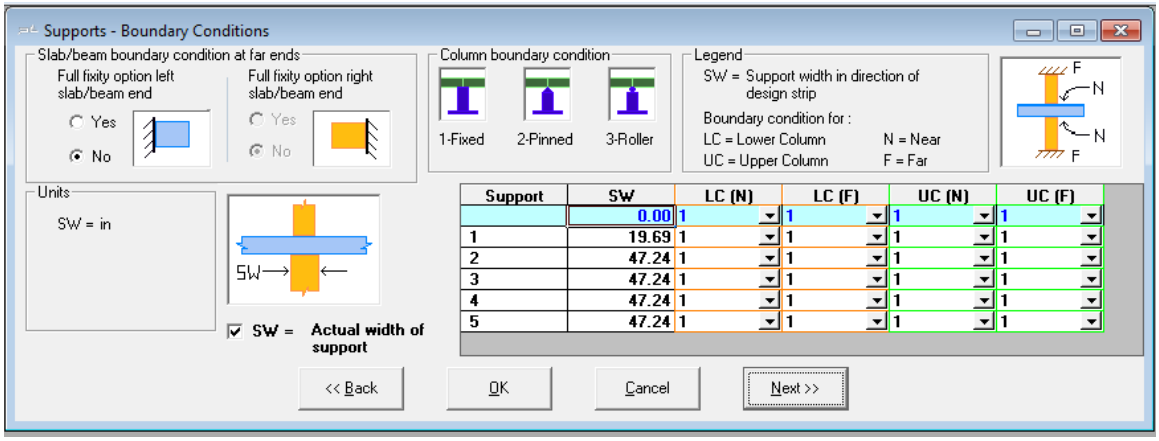


FIGURE 1.1-7

Click **Next** at the bottom of the screen to open the input screen *Loading*.

1.1.3 Enter Data

1.1.3.1 Edit the Loading Information

Enter the span number as **1** in the *Span* column. If the loads are the same for all the spans, you can type **ALL** or **all** in the *Span* column. This will copy the data to all of the spans.

If you choose not to include Self-weight, you now have the option to define the self-weight (**SW**) as a *Class*. In any case, you can choose to specify additional dead load as superimposed dead load (**SDL**) as a *Class.*

PT/RC 2104 gives you the option to specify any load as an **X** *Class*.

Select the *Class* as **SDL** from the drop down list and specify the load type as uniform either by typing **U** in *L-?* or by **dragging the icon** from the graphics of the uniform loading.

The default of the load type when you select the load class is L-U; so leave it as is for this tutorial.

Type **0.03 k/ft^2** (=30 psf) for superimposed dead load in the *w* column. You can enter DL with or without self-weight, since the program can calculate self-weight automatically. In order to calculate the self-weight automatically, you must answer **Yes** to *Include Self-Weight* question at the top right of the screen and enter **150 pcf** as unit weight of concrete.

Repeat the procedure for live load by entering the **span number** and changing the *Class* to **LL** and *w* value to **0.05 k/ft²** (=50 psf) for all spans.

Answer **Yes** to *Skip Live Load?* at the top left of the screen and enter the *Skip Factor* as 1 (**Figure 1.1-8**)..

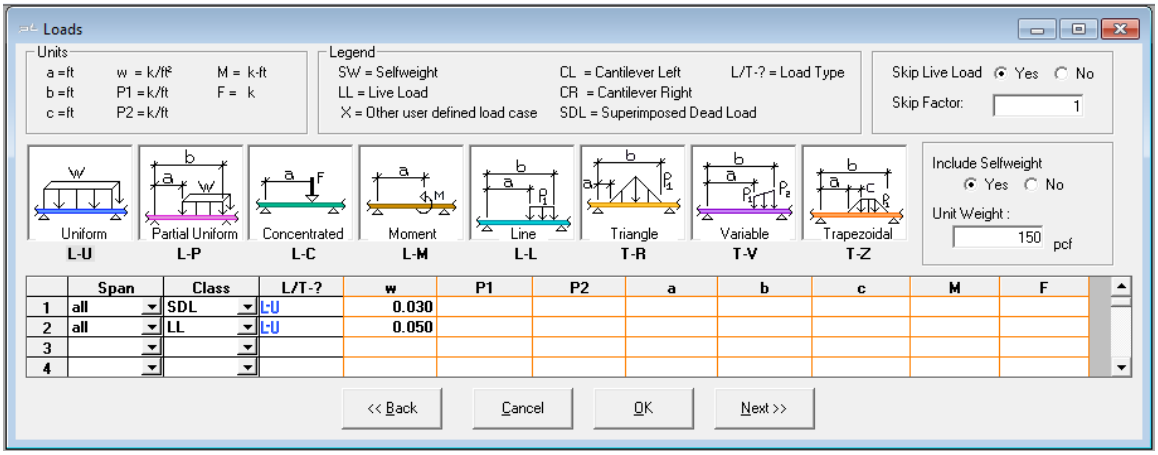


FIGURE 1.1-8

If you go to any other form and navigate back to the Loads input form, you will see that the loading information is now entered in the table for each span (**Figure 1.1-9**).

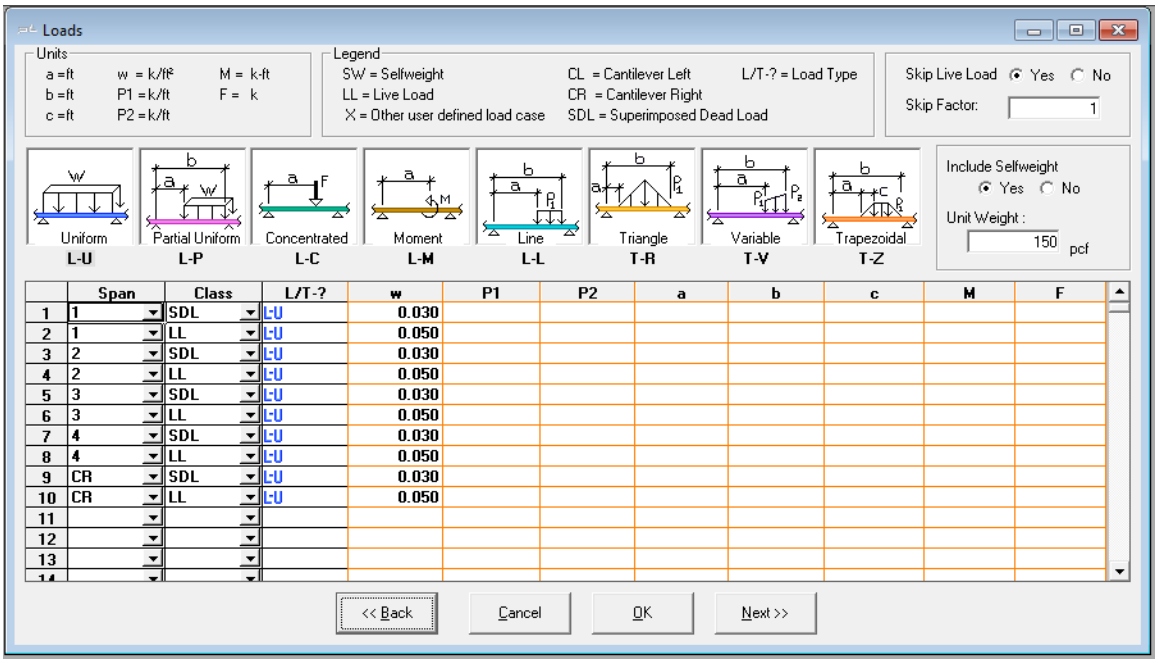


FIGURE 1.1-9

Click **Next** at the bottom of the screen to open the *Material - Concrete* input screen.

1.1.4 Edit the Material Properties

1.1.4.1 Enter the Properties of Concrete

Select **Cylinder** concrete strength at 28 days. Select the **Normal** *weight* and enter the *strength at 28 days* for slab/beam and column as **4000 psi**. When you press **Enter** from the strength input value, the *Modulus of Elasticity* will be calculated automatically based on the concrete strength and the appropriate code formula.

For this tutorial, keep the value of creep coefficient as **2**. The creep coefficient will be used in the calculation of long-term deflection. Consider *Concrete strength at stressing* as **3000 psi**.

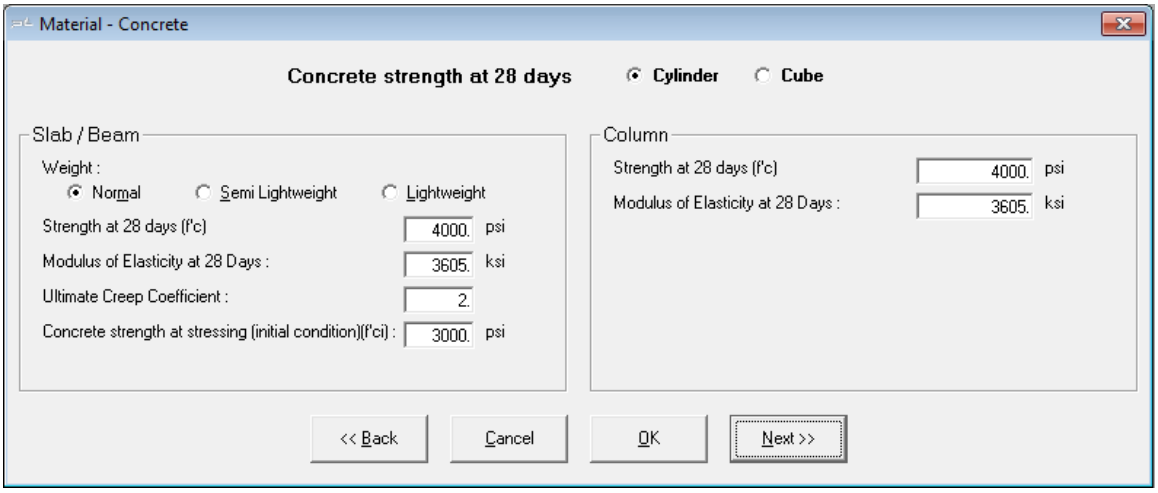


FIGURE 1.1-10

1.1.4.2 Enter the Properties of Reinforcement

In the section *Longitudinal reinforcement*, change the values for *Yield Strength* and *Modulus of Elasticity* to **60 ksi** and **29000 ksi** respectively. Change the *Preferred Bar Sizes for Top and Bottom* to **5** and **8** respectively. These will be used when calculating the number of bars required.

In Shear reinforcement, select *Stud (headed bar)* and change *Preferred Stud diameter, Yield strength shear reinforcement* and the *Number of rails per side* to **0.5 inch, 60 ksi** and **2** respectively.

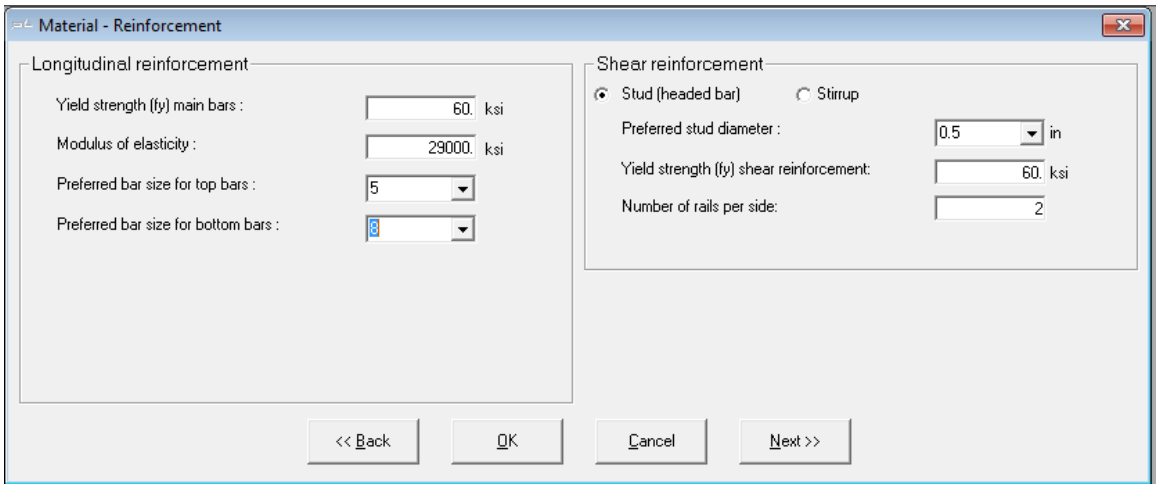

Material - Reinforcement
Longitudinal reinforcement
Yield strength (fy) main bars : 60. ksi
Modulus of elasticity : 29000. ksi
Preferred bar size for top bars : 5
Preferred bar size for bottom bars : 8
Shear reinforcement
Stud (headed bar)
Stirrup
Preferred stud diameter : 0.5 in
Yield strength (fy) shear reinforcement: 60. ksi
Number of rails per side: 2
<< Back
OK
Cancel
Next >>

FIGURE 1.1-11

Click **Next** at the bottom of the screen to open the next input screen.

1.1.4.3 Enter the Post-Tensioning System Parameters

Select the *Post-tensioning system* as **Unbonded** and leave the default values of the other properties as they are as in **Figure 1.1-12**.

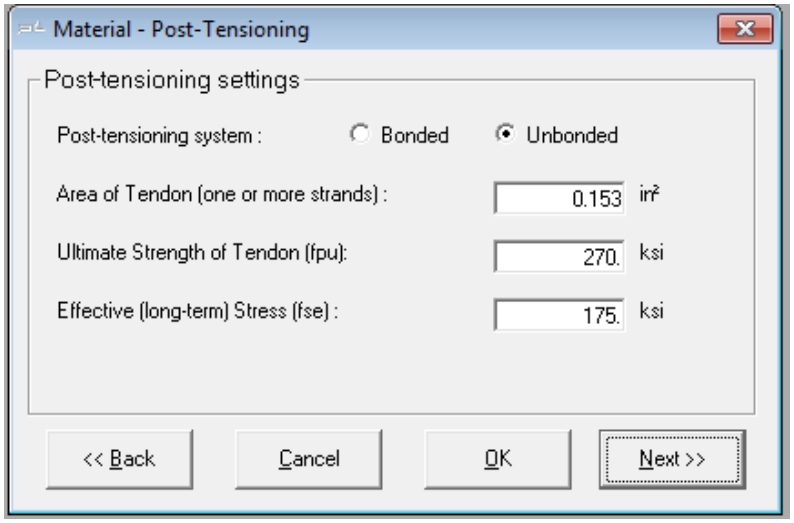

Material - Post-Tensioning
Post-tensioning settings
Post-tensioning system : Bonded Unbonded
Area of Tendon (one or more strands) : 0.153 in²
Ultimate Strength of Tendon (fpu): 270. ksi
Effective (long-term) Stress (fse) : 175. ksi
<< Back
Cancel
OK
Next >>

FIGURE 1.1-12

Click **Next** at the bottom of the screen to open the input screen, *Base Non-Prestressed Reinforcement.*

1.1.4.4 Edit Base Reinforcement

The program allows you to specify a base reinforcement that is taken into consideration when designing the structure. Select **Yes** in the *Base Reinforcement* section.

You have the choice between defining a mesh or isolated rebar. For this example choose **Isolated** from the drop down box.

Next specify the span where your base reinforcement starts. For this example, let the rebar start at the beginning of span 1. Therefore, enter a **1** in *First end location* and a **0** in *X1/L*.

If you want to specify the end of the reinforcement at the end of span number 4, define **4** for *Second end location* and **1** for *X2/L*.

Furthermore, you specify **4** bars (*Number*) with *Bar Size* of **6** as **Bottom** bars with a *Cover* of **2 inch**.

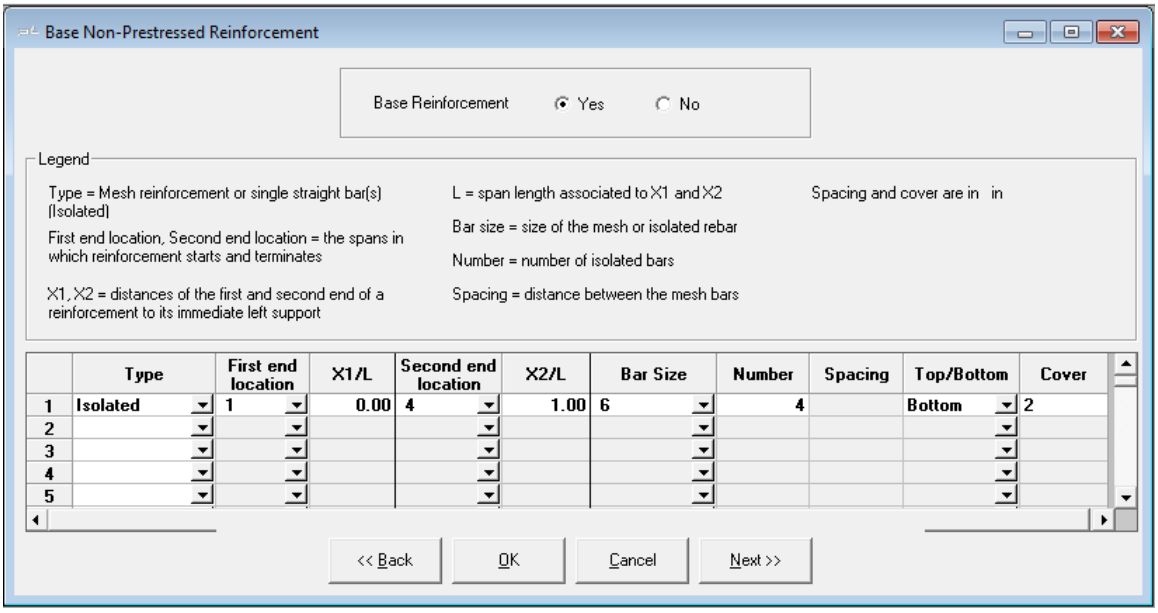

Base Non-Prestressed Reinforcement
Base Reinforcement
Yes
No
Legend
Type = Mesh reinforcement or single straight bar(s) (Isolated)
First end location, Second end location = the spans in which reinforcement starts and terminates
X1, X2 = distances of the first and second end of a reinforcement to its immediate left support
L = span length associated to X1 and X2
Bar size = size of the mesh or isolated rebar
Number = number of isolated bars
Spacing = distance between the mesh bars
Spacing and cover are in in
Type
First end location
X1/L
Second end location
X2/L
Bar Size
Number
Spacing
Top/Bottom
Cover
1 Isolated 1 0.00 4 1.00 6 4 Bottom 2
2
3
4
5
<< Back
OK
Cancel
Next >>

FIGURE 1.1-13

Click **Next** at the bottom of the screen to open the input screen, *Criteria – Allowable Stresses.*

1.1.5 Edit the design criteria

1.1.5.1 Enter the Initial and Final Allowable Stresses

Tensile stresses are input as a multiple of the square root of f'_c, and compressive stresses are input as multiple of f'_c.

The default values given in **Figure 1.1-14** are according to ACI 318 (2011). Leave the default values as they are.

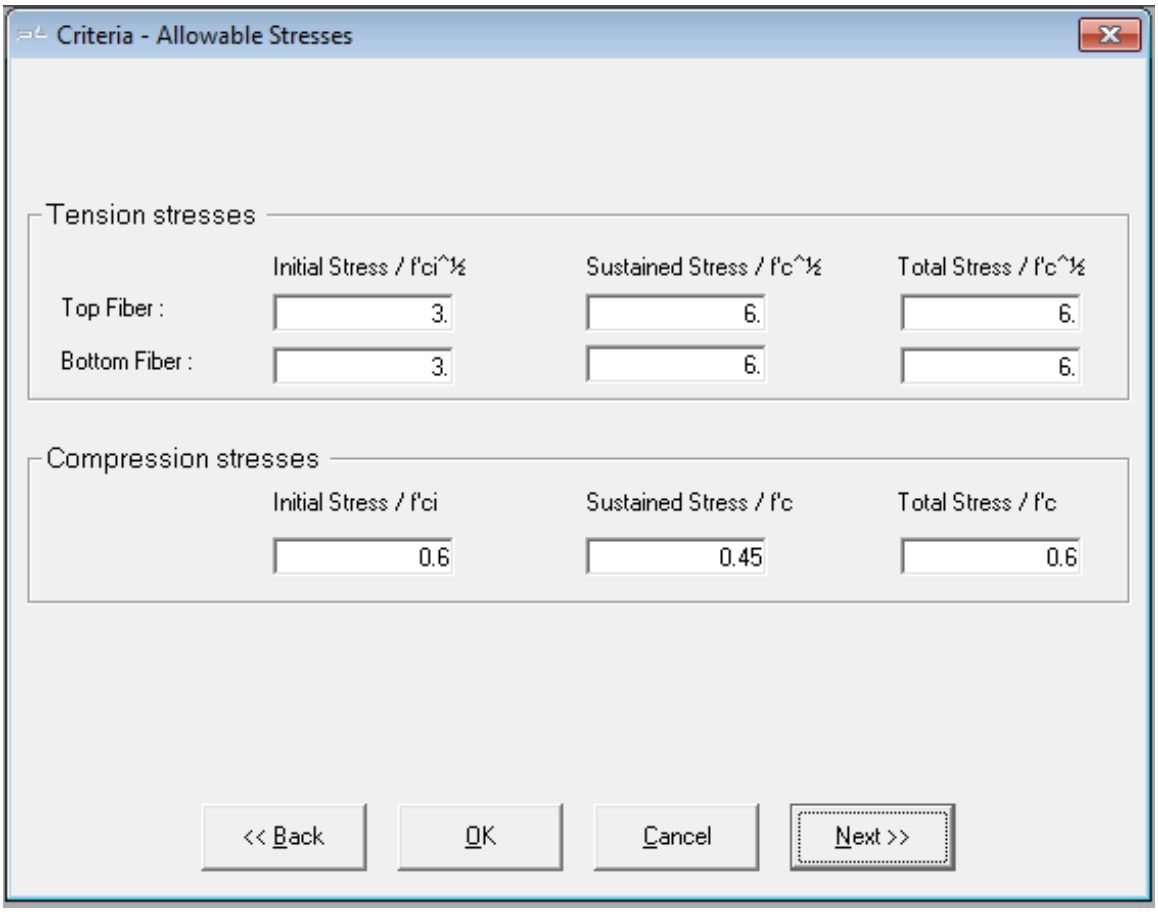


FIGURE 1.1-14

Click **Next** at the bottom of the screen to open the next input screen, *Criteria – Recommended Post-Tensioning Values.*

1.1.5.2 Enter the Recommended Post-Tensioning Values

This screen is used to specify minimum and maximum values for average precompression (P/A: total prestressing divided by gross cross-sectional area) and percentage of dead load to balance (Wbal). These values are used by the program to determine the post-tensioning requirements and the status of the *Pmin/Pmax* and *WBAL Min/ Max* indicators on the *Recycle window*.

The values shown in **Figure 1.1-15** are according to the selected code and the experience of economical design.

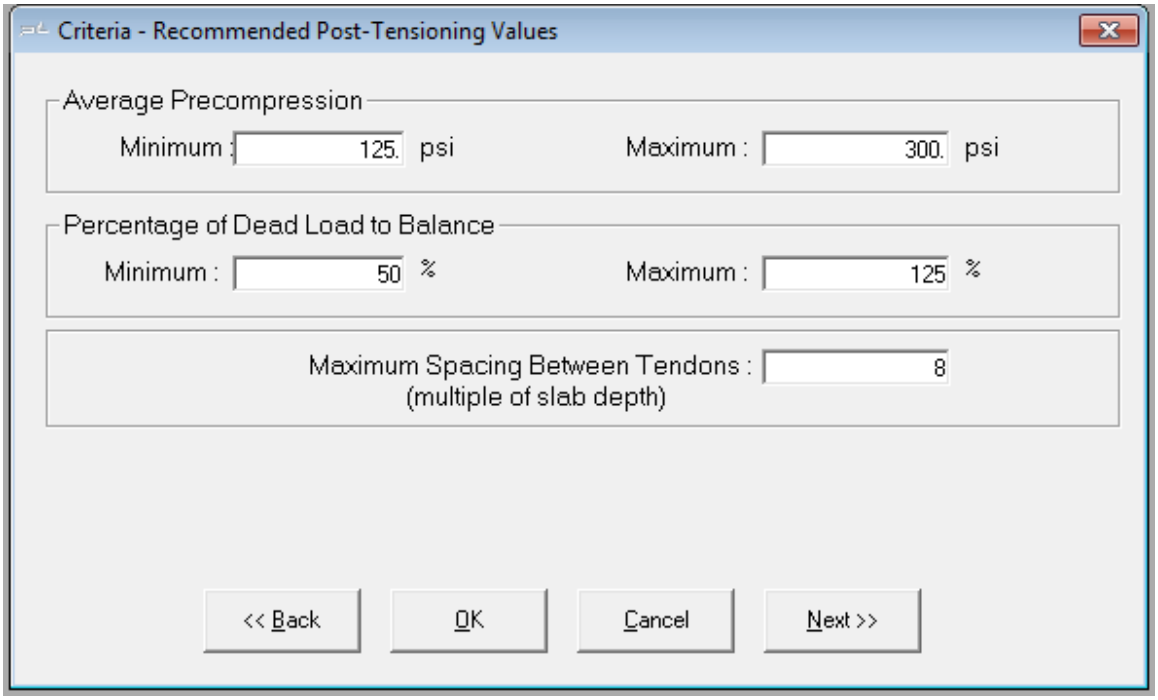

Criteria - Recommended Post-Tensioning Values
Average Precompression
Minimum : 125. psi
Maximum : 300. psi
Percentage of Dead Load to Balance
Minimum : 50 %
Maximum : 125 %
Maximum Spacing Between Tendons : 8
(multiple of slab depth)
<< Back
OK
Cancel
Next >>

FIGURE 1.1-15

Click **Next** at the bottom of the screen to open the input screen, *Criteria – Calculation Options.*

1.1.5.3 Select the Post-Tensioning Design Option

The two design options are Force Selection" and "Force/Tendon Selection", as in **Figure 1.1-16**. **Force Selection** is the default option. Keep the default option.

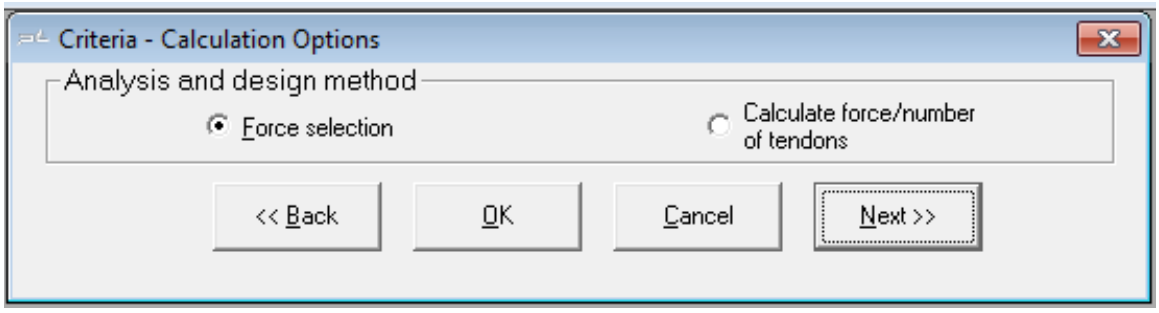


FIGURE 1.1-16

In this option, a tendon will be assigned a final and constant effective force, equal to the jacking force minus all stress losses, expressed as a single value. For more information on the Calculated Force option, please refer to the **ADAPT-PT/RC 2015 User Manual.**

Click **Next** at the bottom of the screen to open the next input screen, *Criteria – Tendon Profile*.

1.1.5.4 Specify the Tendon Profiles

The program allows you to specify up to three tendon paths per span. You can define one profile for each of the three tendons.

In the section *Option for tendons* you can define *the Default extension of terminated tendon as fraction of span*.

Also, you can specify the *Shape of tendon extension* from the *Left end* and the *Right end*.

For this example, leave the default values as shown in **Figure 1.1-17**.

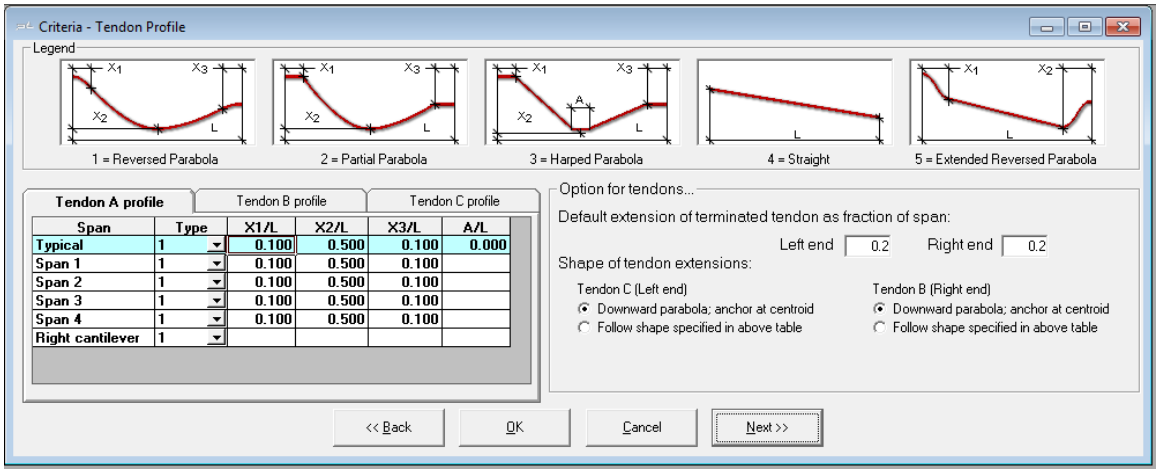

Criteria - Tendon Profile
Legend
1 = Reversed Parabola
2 = Partial Parabola
3 = Harped Parabola
4 = Straight
5 = Extended Reversed Parabola
Tendon A profile
Tendon B profile
Tendon C profile
Span | Type | X1/L | X2/L | X3/L | A/L
Typical | 1 | 0.100 | 0.500 | 0.100 | 0.000
Span 1 | 1 | 0.100 | 0.500 | 0.100
Span 2 | 1 | 0.100 | 0.500 | 0.100
Span 3 | 1 | 0.100 | 0.500 | 0.100
Span 4 | 1 | 0.100 | 0.500 | 0.100
Right cantilever | 1
Option for tendons...
Default extension of terminated tendon as fraction of span:
Left end 0.2
Right end 0.2
Shape of tendon extensions:
Tendon C (Left end)
Downward parabola; anchor at centroid
Follow shape specified in above table
Tendon B (Right end)
Downward parabola; anchor at centroid
Follow shape specified in above table
<< Back
OK
Cancel
Next >>

FIGURE 1.1-17

Click **Next** at the bottom of the screen to open the next input screen, *Criteria – Minimum Covers*.

1.1.5.5 Specify Minimum Covers for Post-Tensioning Tendons and Mild Steel Reinforcement

The cover for the prestressing steel is specified to the center of gravity of the strand (cgs). Edit *CGS* of the tendon as **1.5 inch** for both the top fiber and the interior spans of bottom fiber and **2.0 inch** for the exterior spans for the bottom fiber.

For nonprestressed reinforcement, edit **1.0 inch** *Cover* for both the top and the bottom (as shown in **Figure 1.1-18)**.

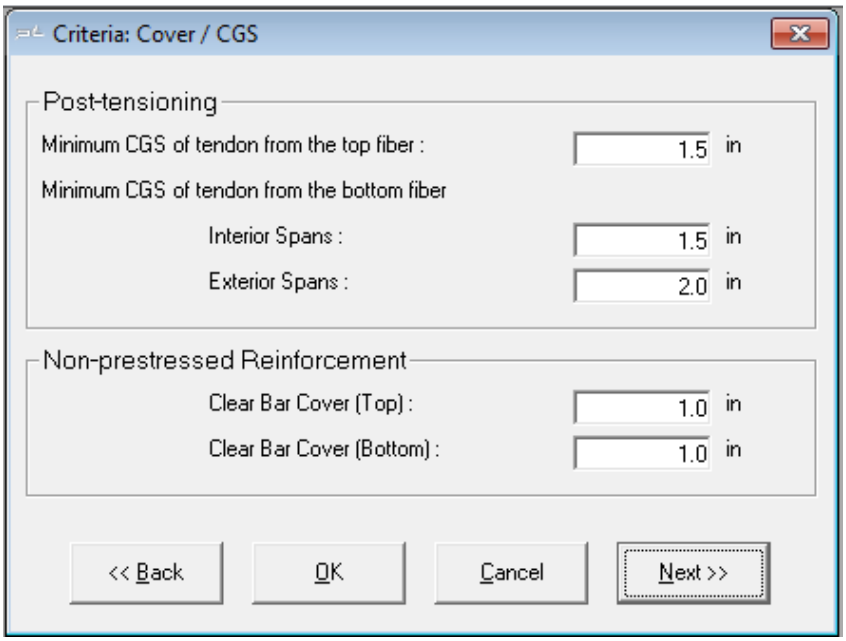


FIGURE 1.1-18

Click **Next** at the bottom of the screen to open the input screen, *Criteria – Minimum Bar Extension.*

1.1.5.6 Specify Minimum Bar Length and Bar Extension of Mild Steel Reinforcement

The values given as default for "minimum bar lengths" are according to ACI-318 (2011). Keep the default values (as shown in **Figure 1.1-19**). Note that the "development length" is user-defined and is the bar extension beyond point of zero moment where reinforcement is no longer required.

The values entered for cut-off lengths are used to calculate top and bottom bar lengths when minimum reinforcement requirements govern. Note that where Rebar Curtailment is input, those settings will take priority over Minimum bar length settings.

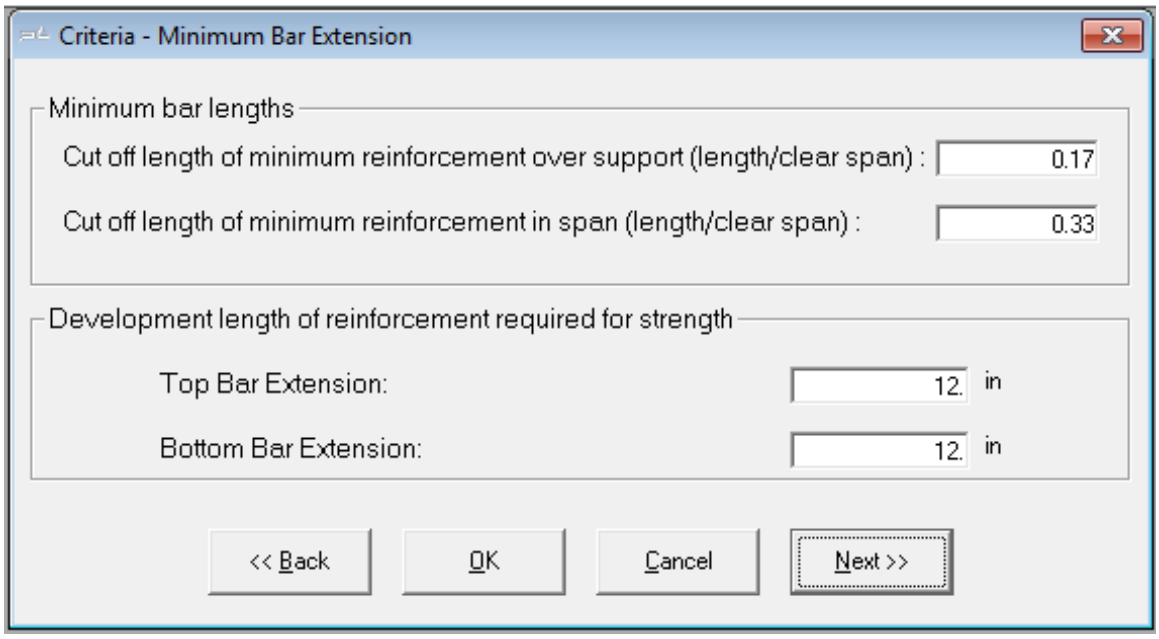


FIGURE 1.1-19

Click **Next** at the bottom of the screen to open the input screen, *Criteria – Rebar Curtailment.*

1.1.5.7 Specify Top and Bottom Rebar Curtailment Input For Spans

The default values given for Long and Short Bars relative for length equal to fraction of span and % of area of required steel are according to Chapter 13 of ACI-318 (2011). Keep the default values (as shown in **Figure 1.1-20 and Figure 1.1-21**). Note that curtailment rules relative to the selected code are applied to top and bottom bars and are conservatively adjusted such that the bar lengths are equal on both sides of the support or equal at both sides of the center of span. Also, 2 bars are set as a minimum requirement.

The reinforcement result output for this example will be based on the curtailment rules which take priority over reinforcement rules relative to the previous section for bar extensions. In the case where curtailment rules are not sufficient to the default solution (that solution related to the bar extension input) the reinforcement arrangement and length output will be given as that taken from the bar extension input.

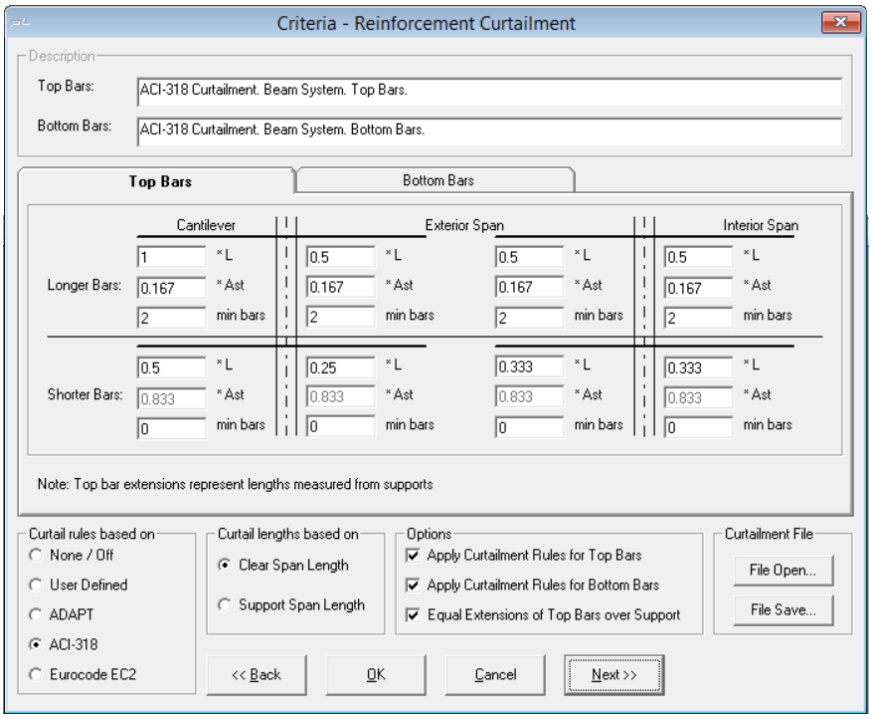


FIGURE 1.1-20

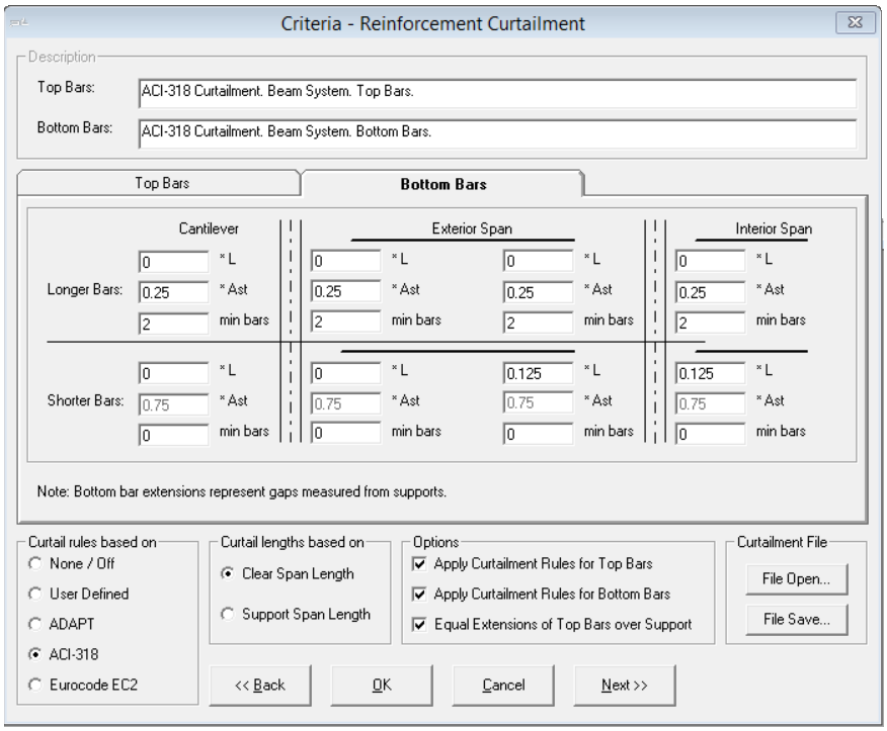


FIGURE 1.1-2

1.1.5.8 Input Load Combinations

Figure 1.1-20 shows the screen which is used to input the load combination factors for service and strength (ultimate) load conditions. It is also used to enter any applicable strength reduction factors. The default values are according to the American-ACI318 (2011) / IBC 2012.

The program allows you to specify four strength load combinations and four service load combinations. For American-ACI318 (2011) / IBC 2012, two of the service load combinations are reserved for sustained load and two for total load.

For this example, do not include lateral loads.

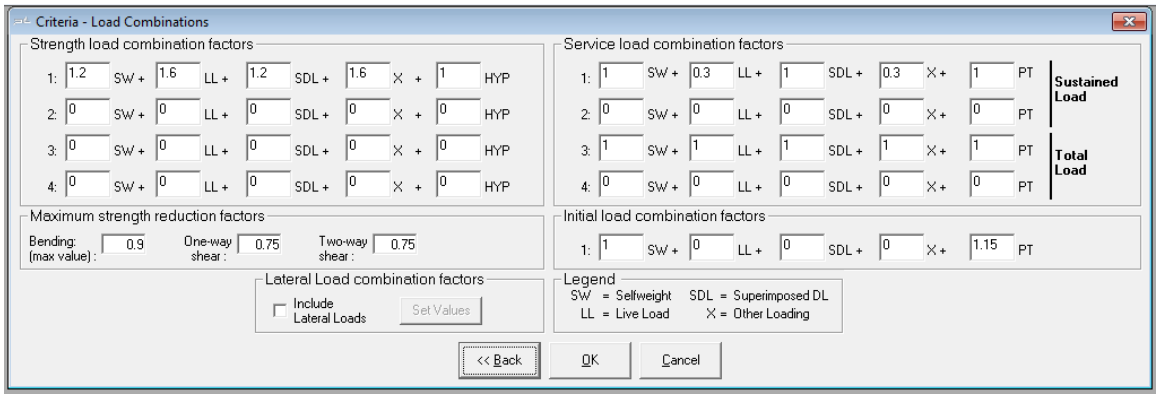
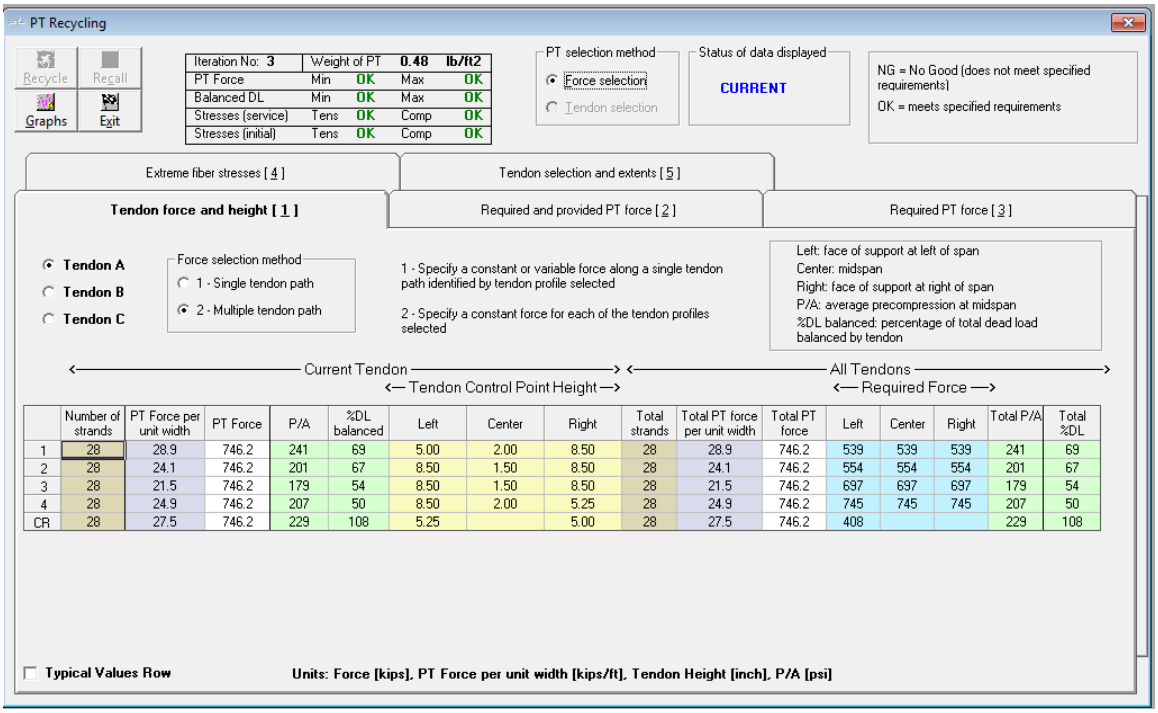

Criteria - Load Combinations
Strength load combination factors
1: 1.2 SW + 1.6 LL + 1.2 SDL + 1.6 X + 1 HYP
2: 0 SW + 0 LL + 0 SDL + 0 X + 0 HYP
3: 0 SW + 0 LL + 0 SDL + 0 X + 0 HYP
4: 0 SW + 0 LL + 0 SDL + 0 X + 0 HYP
Service load combination factors
1: 1 SW + 0.3 LL + 1 SDL + 0.3 X + 1 PT
2: 0 SW + 0 LL + 0 SDL + 0 X + 0 PT
3: 1 SW + 1 LL + 1 SDL + 1 X + 1 PT
4: 0 SW + 0 LL + 0 SDL + 0 X + 0 PT
Sustained Load
Total Load
Maximum strength reduction factors
Bending: (max value) : 0.9
One-way shear : 0.75
Two-way shear : 0.75
Initial load combination factors
1: 1 SW + 0 LL + 0 SDL + 0 X + 1.15 PT
Lateral Load combination factors
Include Lateral Loads
Set Values
Legend
SW = Selfweight SDL = Superimposed DL
LL = Live Load X = Other Loading
<< Back
OK
Cancel

FIGURE 1.1-22

1.2 SAVE AND EXECUTE THE INPUT DATA

To save the input data and execute the analysis, either select **Execute Analysis** on the menu bar or click on the **Save & Execute Analysis** button . Then, give a **file name** and **directory** in which to save the file. Once the file is saved, the program will automatically execute the analysis by reading the data files and performing a number of preliminary data checks.

Once the execution gets completed, the "PT Recycling" window, as shown in **Figure 1.2-1** opens. If an error is detected, the program will stop and display a message box indicating the most likely source of the error.


PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 3
Weight of PT 0.48 lb/ft2
PT Force Min OK Max OK
Balanced DL Min OK Max OK
Stresses (service) Tens OK Comp OK
Stresses (initial) Tens OK Comp OK
PT selection method
Force selection
Tendon selection
Status of data displayed
CURRENT
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Extreme fiber stresses [4]
Tendon selection and extents [5]
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
Tendon A
Tendon B
Tendon C
Force selection method
1 - Single tendon path
2 - Multiple tendon path
1 - Specify a constant or variable force along a single tendon path identified by tendon profile selected
2 - Specify a constant force for each of the tendon profiles selected
Left: face of support at left of span
Center: midspan
Right: face of support at right of span
P/A: average precompression at midspan
%DL balanced: percentage of total dead load balanced by tendon
Current Tendon
Tendon Control Point Height
All Tendons
Required Force
Typical Values Row
Units: Force [kips], PT Force per unit width [kips/ft], Tendon Height [inch], P/A [psi]

	Number of strands	PT Force per unit width	PT Force	P/A	%DL balanced	Left	Center	Right	Total strands	Total PT force per unit width	Total PT force	Left	Center	Right	Total P/A	Total %DL
1	28	28.9	746.2	241	69	5.00	2.00	8.50	28	28.9	746.2	539	539	539	241	69
2	28	24.1	746.2	201	67	8.50	1.50	8.50	28	24.1	746.2	554	554	554	201	67
3	28	21.5	746.2	179	54	8.50	1.50	8.50	28	21.5	746.2	697	697	697	179	54
4	28	24.9	746.2	207	50	8.50	2.00	5.25	28	24.9	746.2	745	745	745	207	50
CR	28	27.5	746.2	229	108	5.25		5.00	28	27.5	746.2	408			229	108

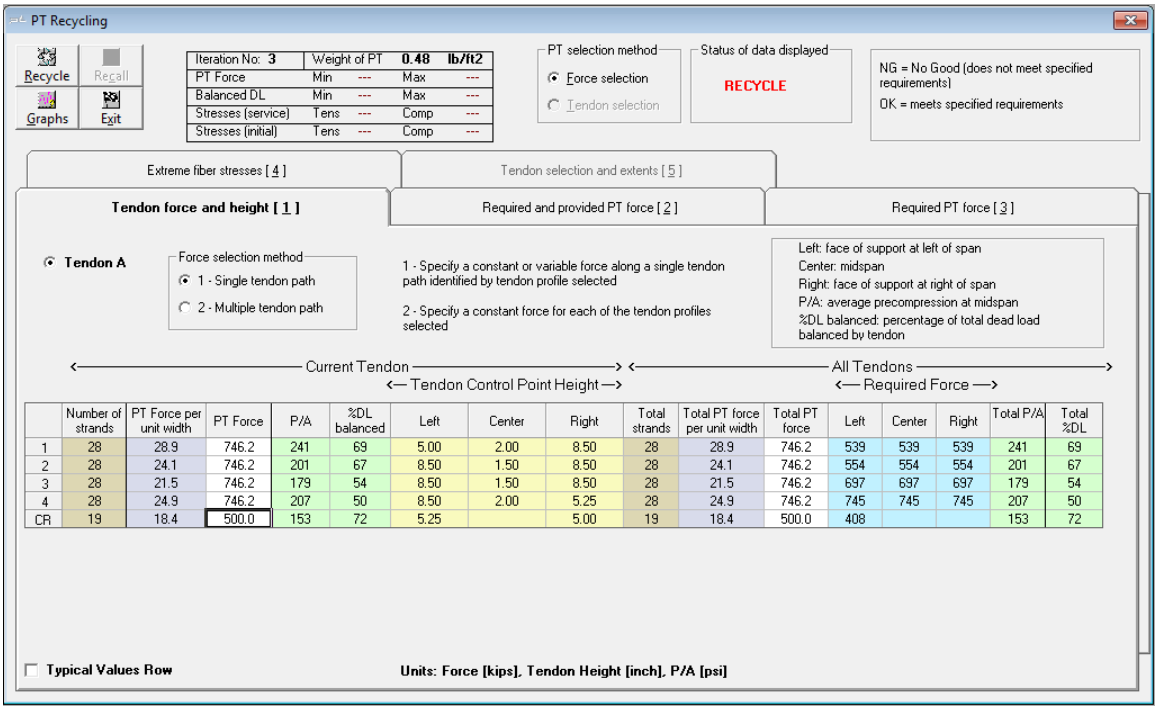
FIGURE 1.2-1

Here you can optimize the design by changing the tendon forces and tendon heights. Select **1-Single tendon path** for the *Force selection method*.

‘% DL balanced’ is close to the max limit of 125 for CL. For the 'Change the PT force to **500 kips** for CL. The status indicator at the top right of the Recycle window will begin to flash as ‘Recycle’.

Since we selected the “Force Selection” option during data entry, the program will only allow the “Force Selection” mode for execution.

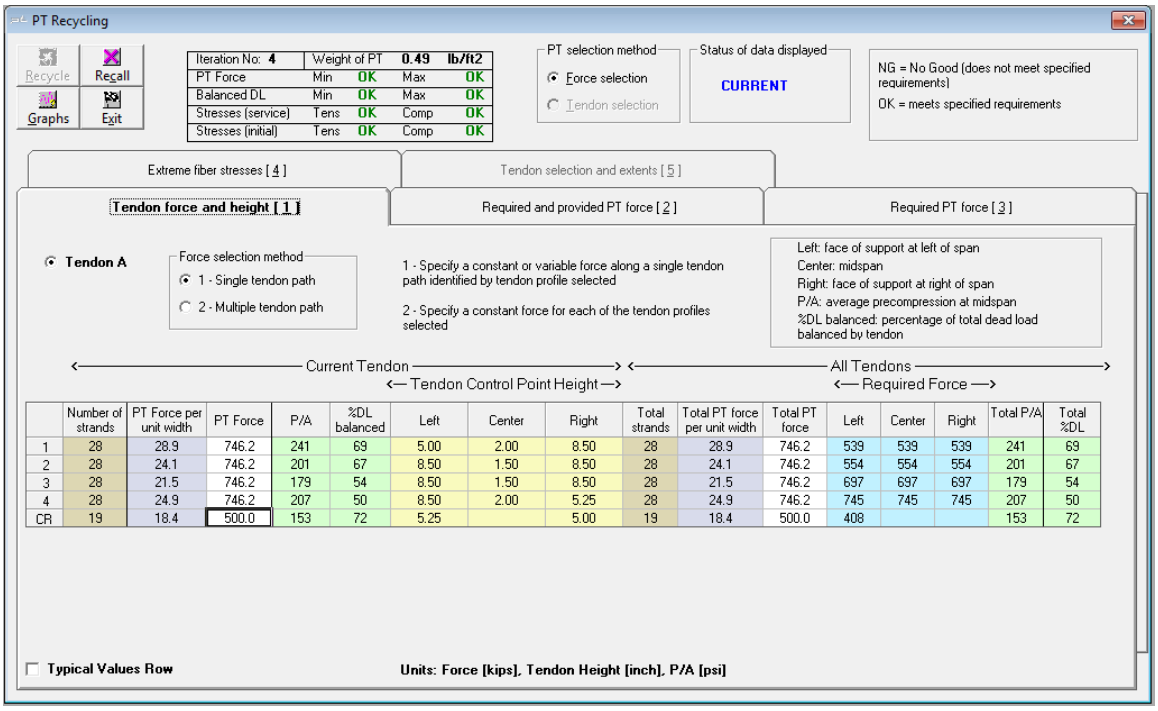
Once all of the changes are made as shown in **Figure 1.2-2**, click on the **Recycle** button to update all of the tabs, the Design Indicator box and the Recycle Graphs.


PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 3
Weight of PT 0.48 lb/ft2
PT Force Min --- Max ---
Balanced DL Min --- Max ---
Stresses (service) Tens --- Comp ---
Stresses (initial) Tens --- Comp ---
PT selection method
Force selection
Tendon selection
Status of data displayed
RECYCLE
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Extreme fiber stresses [4]
Tendon selection and extents [5]
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
Tendon A
Force selection method
1 - Single tendon path
2 - Multiple tendon path
1 - Specify a constant or variable force along a single tendon path identified by tendon profile selected
2 - Specify a constant force for each of the tendon profiles selected
Left: face of support at left of span
Center: midspan
Right: face of support at right of span
P/A: average precompression at midspan
%DL balanced: percentage of total dead load balanced by tendon
Current Tendon
Tendon Control Point Height
All Tendons
Required Force
Typical Values Row
Units: Force [kips], Tendon Height [inch], P/A [psi]

	Number of strands	PT Force per unit width	PT Force	P/A	%DL balanced	Left	Center	Right	Total strands	Total PT force per unit width	Total PT force	Left	Center	Right	Total P/A	Total %DL
1	28	28.9	746.2	241	69	5.00	2.00	8.50	28	28.9	746.2	539	539	539	241	69
2	28	24.1	746.2	201	67	8.50	1.50	8.50	28	24.1	746.2	554	554	554	201	67
3	28	21.5	746.2	179	54	8.50	1.50	8.50	28	21.5	746.2	697	697	697	179	54
4	28	24.9	746.2	207	50	8.50	2.00	5.25	28	24.9	746.2	745	745	745	207	50
CR	19	18.4	500.0	153	72	5.25		5.00	19	18.4	500.0	408			153	72

FIGURE 1.2-2

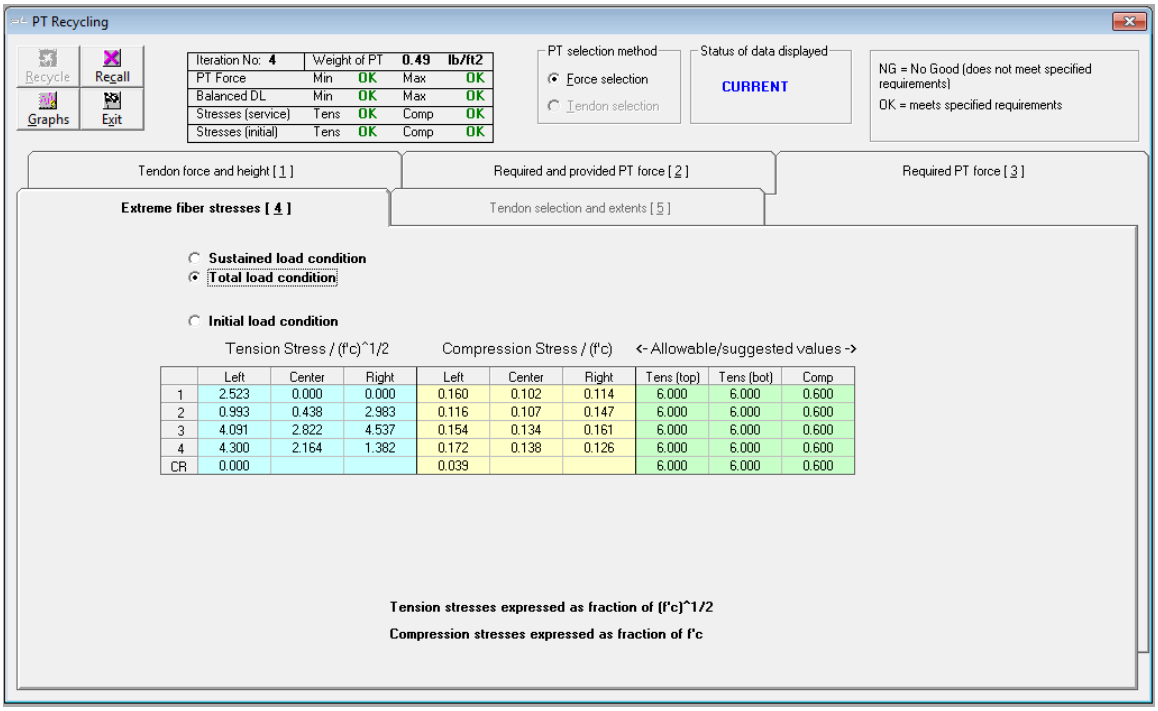
After the recalculation of the stresses and required forces along the member, based on the current values, the window, as shown in **Figure 1.2-3**, with the “OK” status for all items in the d*esign indicator box* opens.


PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 4 | Weight of PT 0.49 lb/ft2
PT Force Min OK Max OK
Balanced DL Min OK Max OK
Stresses (service) Tens OK Comp OK
Stresses (initial) Tens OK Comp OK
PT selection method
Force selection
Tendon selection
Status of data displayed
CURRENT
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Extreme fiber stresses [4]
Tendon selection and extents [5]
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
Tendon A
Force selection method
1 - Single tendon path
2 - Multiple tendon path
1 - Specify a constant or variable force along a single tendon path identified by tendon profile selected
2 - Specify a constant force for each of the tendon profiles selected
Left: face of support at left of span
Center: midspan
Right: face of support at right of span
P/A: average precompression at midspan
%DL balanced: percentage of total dead load balanced by tendon
Current Tendon
Tendon Control Point Height
All Tendons
Required Force
Typical Values Row
Units: Force [kips], Tendon Height [inch], P/A [psi]

	Number of strands	PT Force per unit width	PT Force	P/A	%DL balanced	Left	Center	Right	Total strands	Total PT force per unit width	Total PT force	Left	Center	Right	Total P/A	Total %DL
1	28	28.9	746.2	241	69	5.00	2.00	8.50	28	28.9	746.2	539	539	539	241	69
2	28	24.1	746.2	201	67	8.50	1.50	8.50	28	24.1	746.2	554	554	554	201	67
3	28	21.5	746.2	179	54	8.50	1.50	8.50	28	21.5	746.2	697	697	697	179	54
4	28	24.9	746.2	207	50	8.50	2.00	5.25	28	24.9	746.2	745	745	745	207	50
CR	19	18.4	500.0	153	72	5.25		5.00	19	18.4	500.0	408			153	72

FIGURE 1.2-3

You can check the final stresses either by clicking **Extreme fiber stresses [4]** tab in the *PT Recycling* window (**Figure 1.2-4**).


PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 4 | Weight of PT 0.49 lb/ft2
PT Force Min OK Max OK
Balanced DL Min OK Max OK
Stresses (service) Tens OK Comp OK
Stresses (initial) Tens OK Comp OK
PT selection method
Force selection
Tendon selection
Status of data displayed
CURRENT
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
Extreme fiber stresses [4]
Tendon selection and extents [5]
Sustained load condition
Total load condition
Initial load condition
Tension Stress / (f'c)^1/2
Compression Stress / (f'c)
<- Allowable/suggested values ->
Tension stresses expressed as fraction of (f'c)^1/2
Compression stresses expressed as fraction of f'c

	Left	Center	Right	Left	Center	Right	Tens (top)	Tens (bot)	Comp
1	2.523	0.000	0.000	0.160	0.102	0.114	6.000	6.000	0.600
2	0.993	0.438	2.983	0.116	0.107	0.147	6.000	6.000	0.600
3	4.091	2.822	4.537	0.154	0.134	0.161	6.000	6.000	0.600
4	4.300	2.164	1.382	0.172	0.138	0.126	6.000	6.000	0.600
CR	0.000			0.039			6.000	6.000	0.600

FIGURE 1.2-4

Graphs displays a set of three graphs which provide detailed information on the tendon profile, the tension and compression stresses and the required versus provided post-tensioning forces at 1/20th points along the spans **(Figure 1.2-5).**

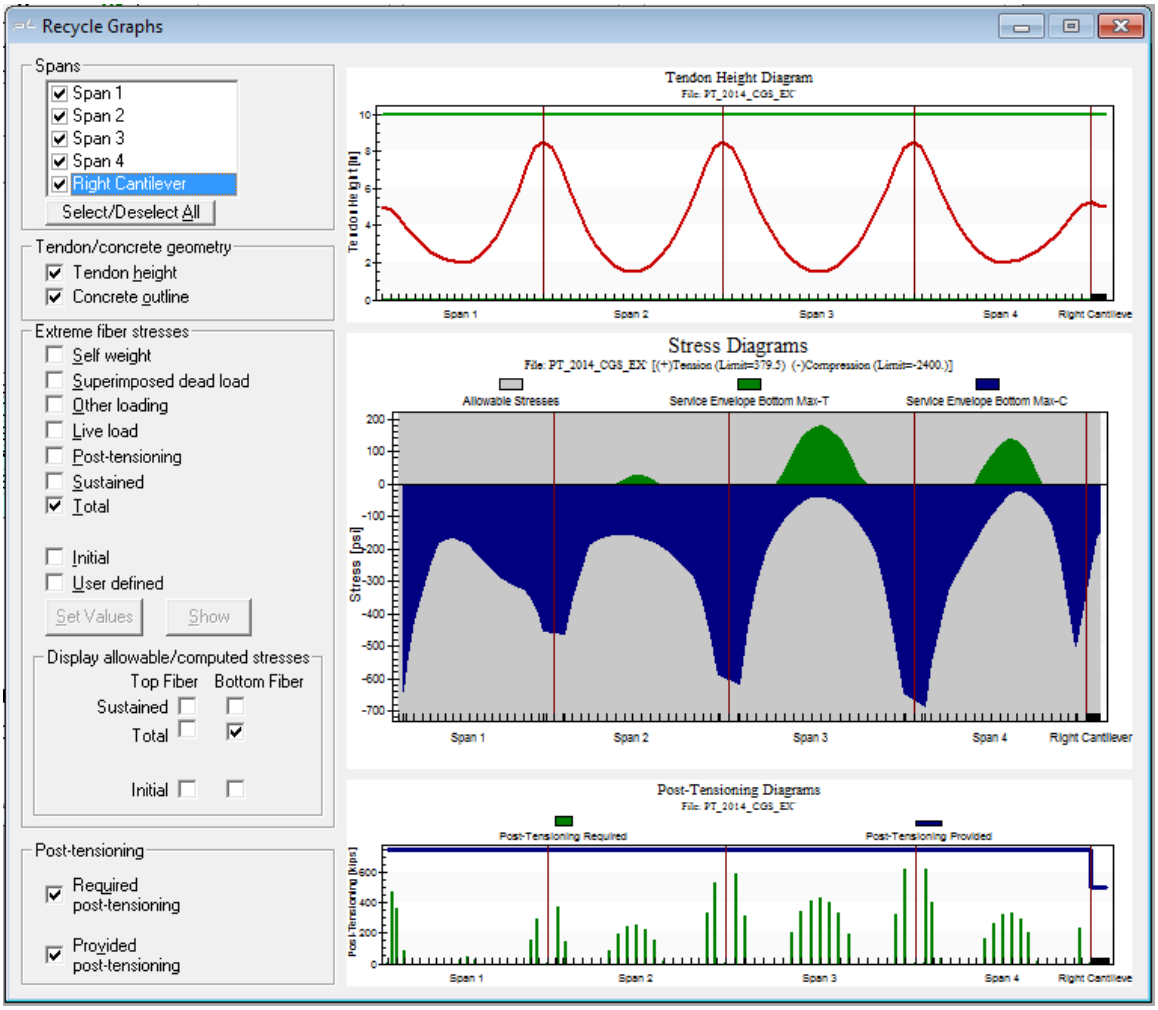


FIGURE 1.2-5

The top diagram, the **Tendon Height Diagram** shows the elevation of tendon profile selected. Tendon profile can be viewed either with concrete outline or without concrete outline by checking the option at the left of the screen.

The second diagram, **Stress Diagrams**, plots the maximum compressive and tensile stresses at the top and bottom face of the member. You can view the stresses due to e.g. *Self weight, Superimposed Dead Load, Live Load, Post-tensioning* and *Sustained* each separately, or in combination, by selecting the options at the screen. Also you can verify the top and bottom stresses due to the service combination with the allowable values. In **Figure 1.2-5**, it shows the final top fiber stresses with the allowable stresses. In which, *gray color* represents the allowable value, *top curve* represents the tensile stress and

bottom curve represents the compressive stress. If the calculated stress is not within the limit, i.e., the top or bottom curve is outside the gray portion; you need to modify the forces to optimize the design.

The third diagram, **Post-Tensioning Diagrams** shows the required and provided post-tensioning force at 1/20th points along each span. The *vertical line* represents the *required* post-tensioning and the *horizontal line* represents the *provided* post-tensioning at that section. At each design section along a span, the program performs an analysis based on the post-tensioning force at that section

Required and provided PT force [2] tab in the *PT Recycling* window shows PT forces provided in the left, center and right region of each span as well as the forces required in each region for minimum P/A, Wbal %DL and allowable tensile stresses (**Figure 1.2-6**).

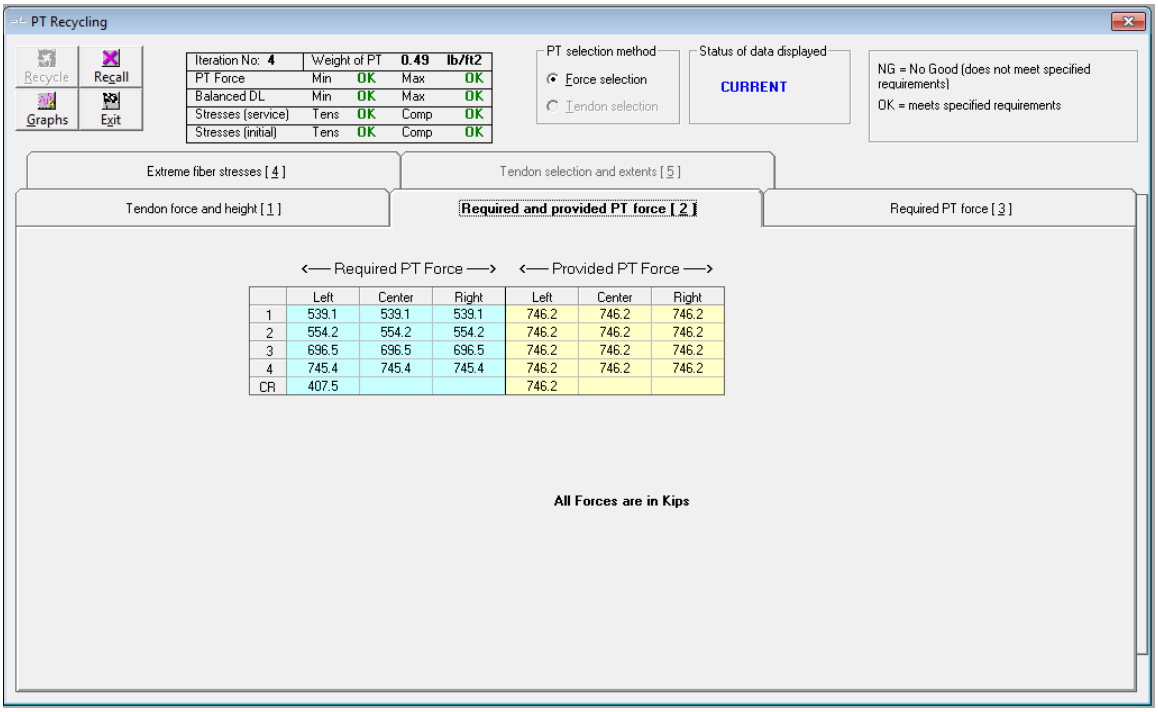

PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 4
Weight of PT 0.49 lb/ft2
PT Force Min OK Max OK
Balanced DL Min OK Max OK
Stresses (service) Tens OK Comp OK
Stresses (initial) Tens OK Comp OK
PT selection method
Force selection
Tendon selection
Status of data displayed
CURRENT
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Extreme fiber stresses [4]
Tendon selection and extents [5]
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
Required PT Force
Provided PT Force
Left Center Right Left Center Right
1 539.1 539.1 539.1 746.2 746.2 746.2
2 554.2 554.2 554.2 746.2 746.2 746.2
3 696.5 696.5 696.5 746.2 746.2 746.2
4 745.4 745.4 745.4 746.2 746.2 746.2
CR 407.5 746.2
All Forces are in Kips

FIGURE 1.2-6

Required PT force [3] tab in the *PT Recycling* window shows the required PT forces for only the most recently calculated profile. **(Figure 1.2-7).**

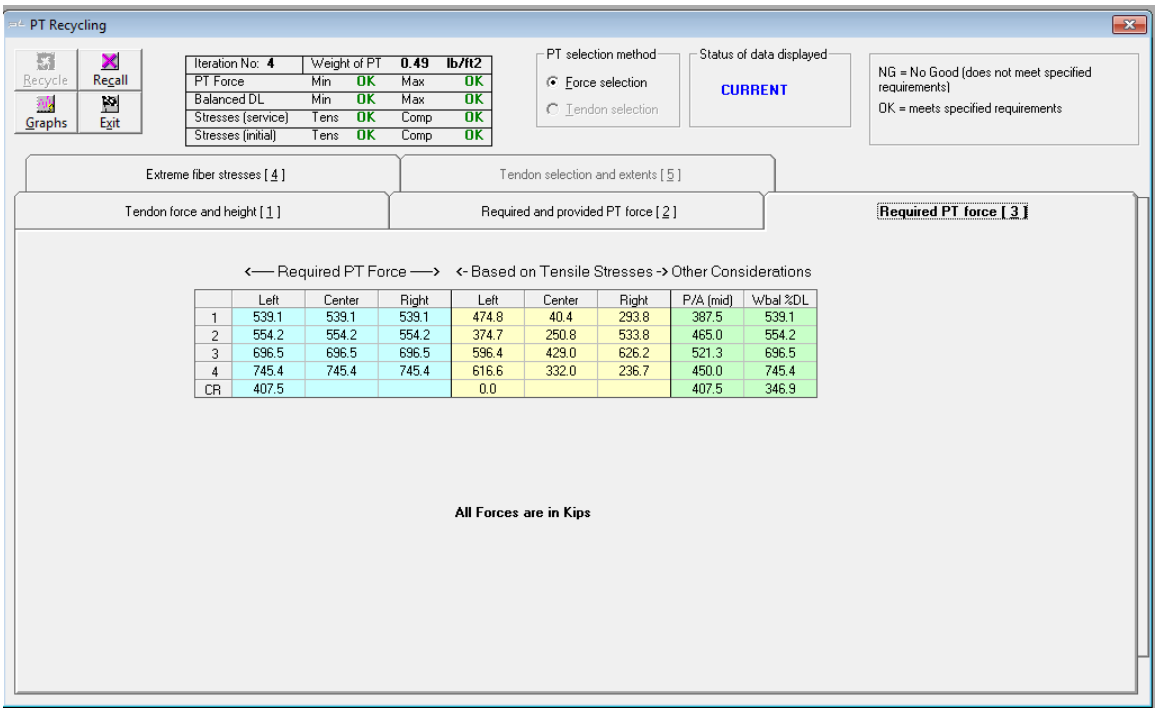

PT Recycling
Recycle
Recall
Graphs
Exit
Iteration No: 4
Weight of PT 0.49 lb/ft2
PT Force Min OK Max OK
Balanced DL Min OK Max OK
Stresses (service) Tens OK Comp OK
Stresses (initial) Tens OK Comp OK
PT selection method
Force selection
Tendon selection
Status of data displayed
CURRENT
NG = No Good (does not meet specified requirements)
OK = meets specified requirements
Extreme fiber stresses [4]
Tendon selection and extents [5]
Tendon force and height [1]
Required and provided PT force [2]
Required PT force [3]
<— Required PT Force —> <- Based on Tensile Stresses -> Other Considerations
Left Center Right Left Center Right P/A (mid) Wbal %DL
1 539.1 539.1 539.1 474.8 40.4 293.8 387.5 539.1
2 554.2 554.2 554.2 374.7 250.8 533.8 465.0 554.2
3 696.5 696.5 696.5 596.4 429.0 626.2 521.3 696.5
4 745.4 745.4 745.4 616.6 332.0 236.7 450.0 745.4
CR 407.5 0.0 407.5 346.9
All Forces are in Kips

FIGURE 1.2-7

Note that in this example, **Tendon selection and extents [5]** tab in the *PT Recycling* window is inactive, as single-tendon path has been chosen.

If the solutions are not acceptable, you can change post-tensioning layout and recycle until an acceptable solution is reached. Once you are satisfied with the solution, select **Exit** at the top left of the *PT Recycling* screen to continue with the calculations.

The program continues with the calculations based on the most recent tendon forces and profile selection. Once successfully finished, you return to the main program window. The Results can be viewed and/or printed as Reports, Graphs and PT Summary as shown in **Figure 1.2-8**.

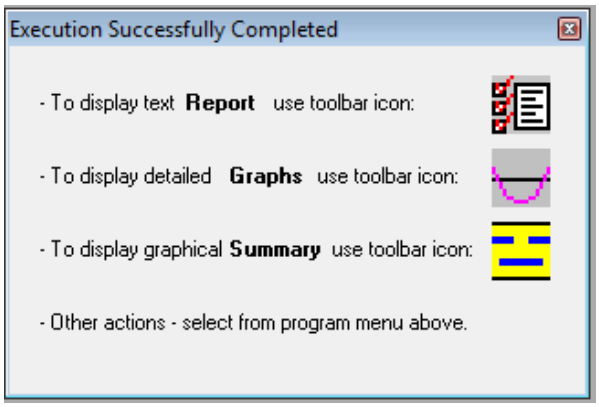

Execution Successfully Completed
- To display text Report use toolbar icon:
- To display detailed Graphs use toolbar icon:
- To display graphical Summary use toolbar icon:
- Other actions - select from program menu above.

FIGURE 1.2-8

Close the above window by clicking **X** at the top right corner.

1.3 CREATE REPORTS

ADAPT-PT/RC 2014 includes the Report Generator. To setup the report, select the **Report Setup** item on the *Options* menu or click the **Report Setup** button on the main toolbar. The *Report Generator* screen shown in **Figure 1.3-1** will open.

The program allows you to generate reports in an MS-Word® editable format. You have the following options:

- Report cover: Select this option to generate a report cover with your logo and company information. To update your company information, click on **Update Company Info** on the *Report Generator* and you will see the screen **Company Information** shown in **Figure 1.3-2**.
- Table of Contents
- Concise Report: This report includes Project Design Parameters and Load Combinations as well as a Design Strip Report containing Geometry, Applied Loads, Design Moments, Tendon Profile, Stress check / Code check, Rebar Report, Punching Shear, Deflection and Quantities.
- Tabular Reports – Compact
- Tabular Reports – Detailed
- Graphical Reports
- Legend

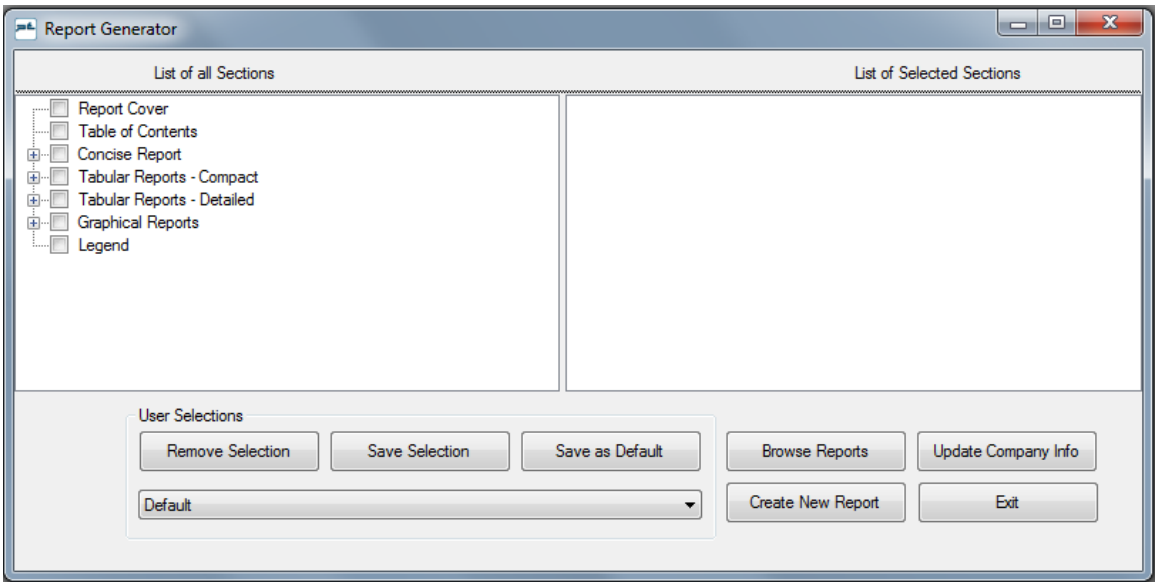


FIGURE 1.3-1

Simply check any item in the *List of all Sections* to include it in the report. The item will then appear in the *List of Selected Sections* on the right hand side of the *Report Generator*.

To generate and view the report, click on **Generate/View Report** on the bottom of the *Report Generator*.

The program allows you to open and view existing reports by clicking on **Open Reports**.

The Report Generator allows you to save report content as either a default template or as a user defined template. This enables you to quickly select content for any project by either using the default content or any other user defined content.

To define content as the default template, select report content from the List of all Sections and click on **Save as Default**.

To define content as a user defined template, select report content from the List of all Sections and click on Save Selection. You are asked to enter a name for your selection. This name appears then in the drop down box in the **User Selections** frame.

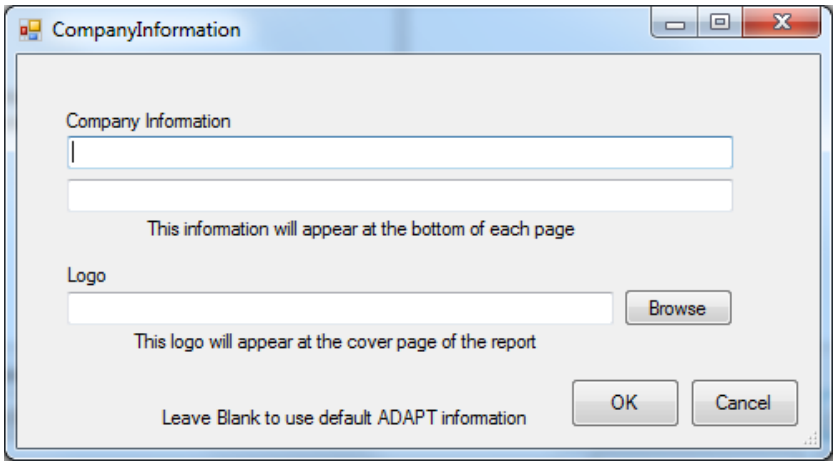


FIGURE 1.3-2

To open the "PT Summary Report" **(Figure 1.3-3)** either click the **BuilderSum** button on the tool bar or select the **PT summary** item on the *View* menu.

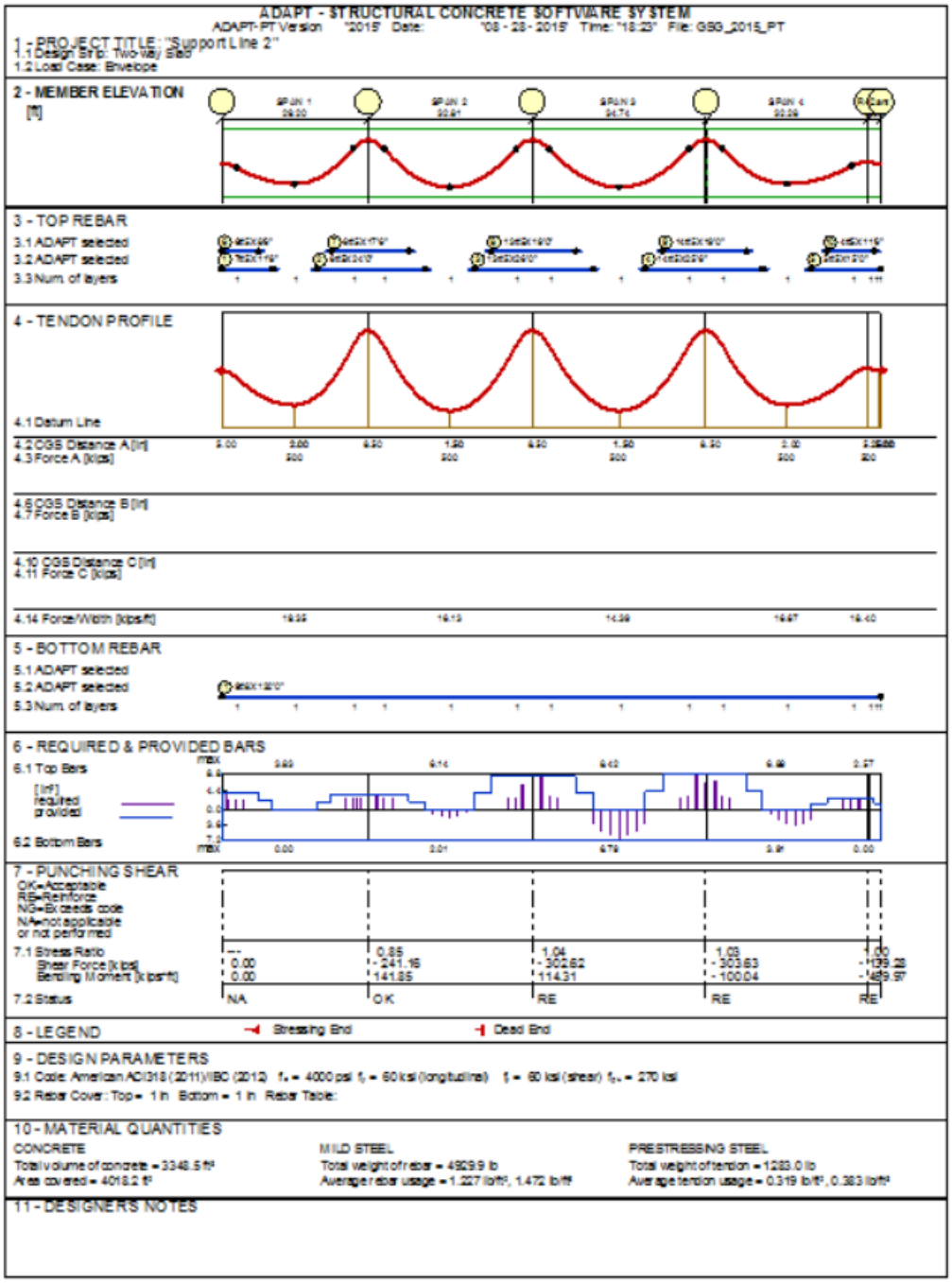


FIGURE 1.3-3

To view the graphs, either click the **Show Graphs** button from the toolbar or select **Graphs** in the menu.

Forces Diagram button displays forces for selected load combinations or envelop as shown in **Figure 1.3-4**.

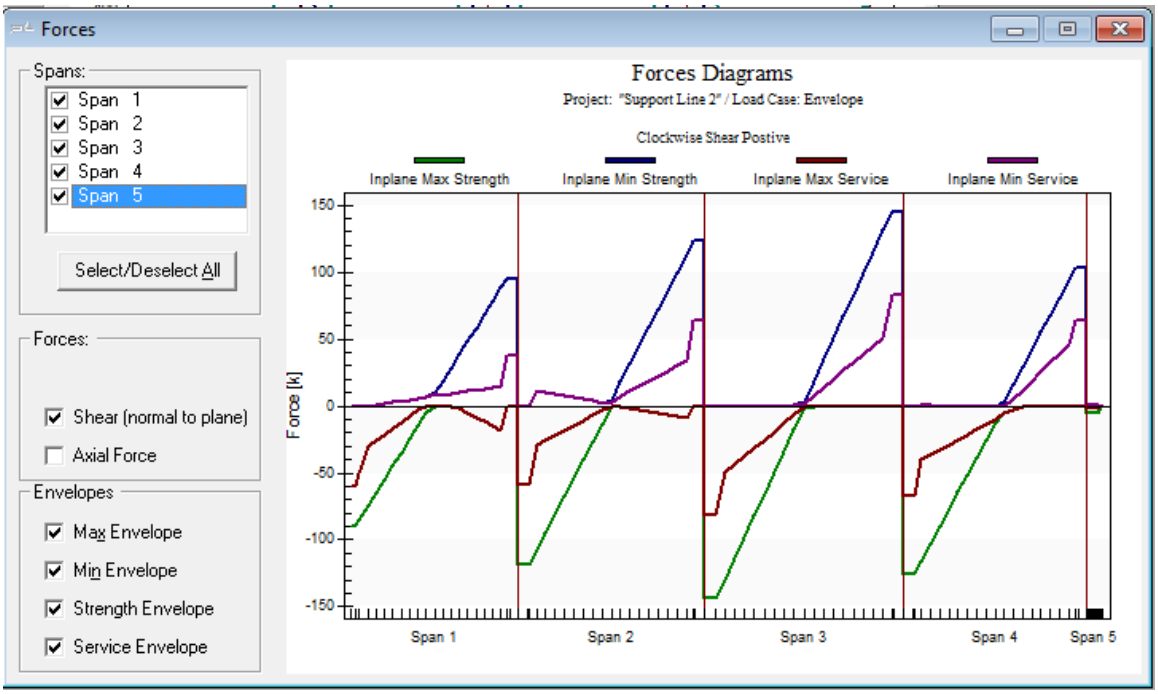


FIGURE 1.3-4

Moment Diagram button displays forces for selected load combinations or envelop as shown in **Figure 1.3-5**.

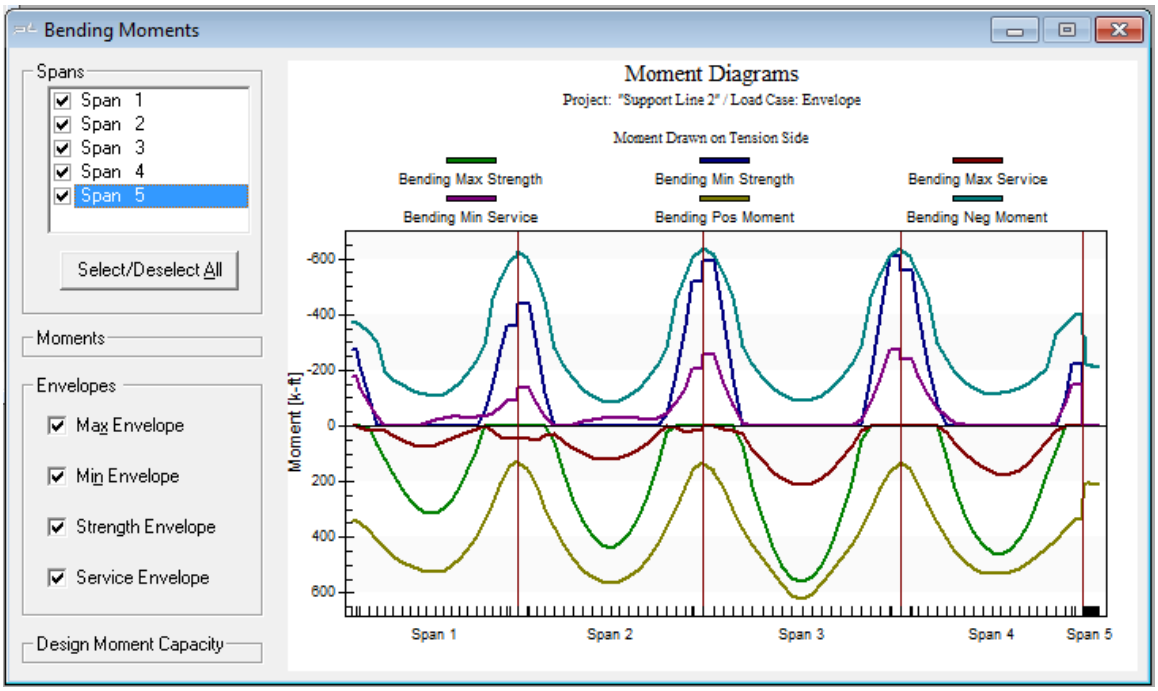


FIGURE 1.3-5

Stresses Diagram button displays forces for selected load combinations or envelop as shown in **Figure 1.3-6**.

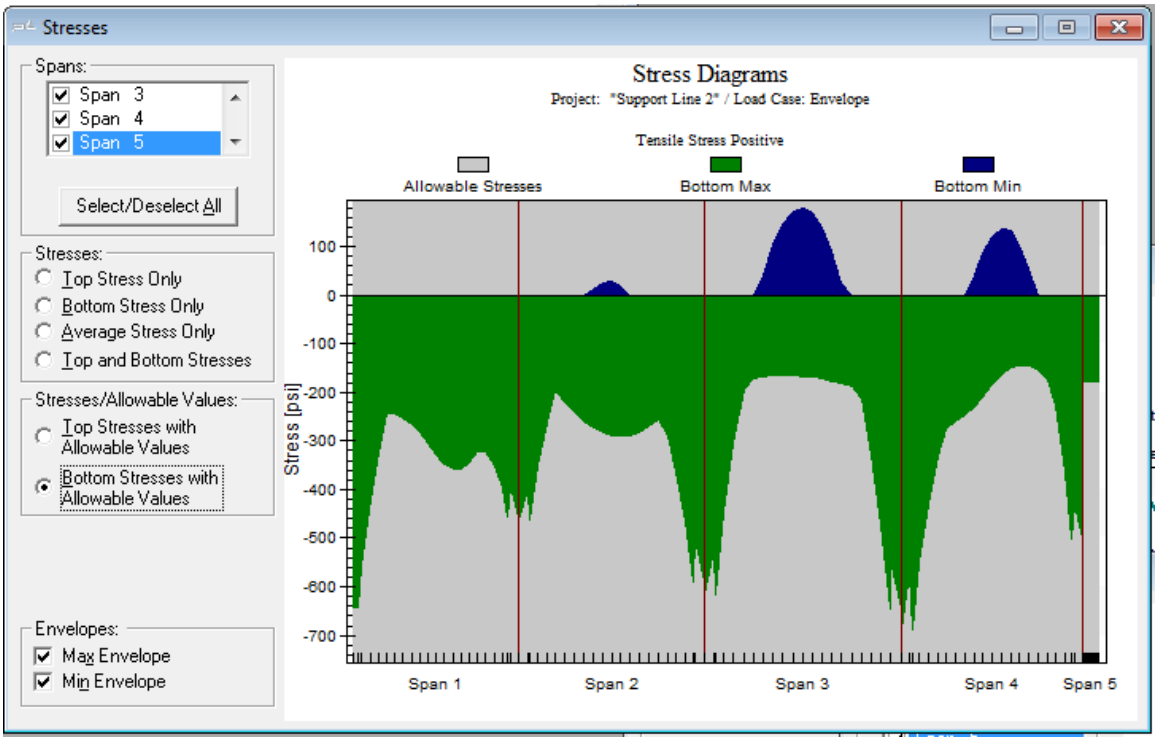


FIGURE 1.3-6

Rebar Diagram button displays forces for selected load combinations or envelop as shown in **Figure 1.3-7**.

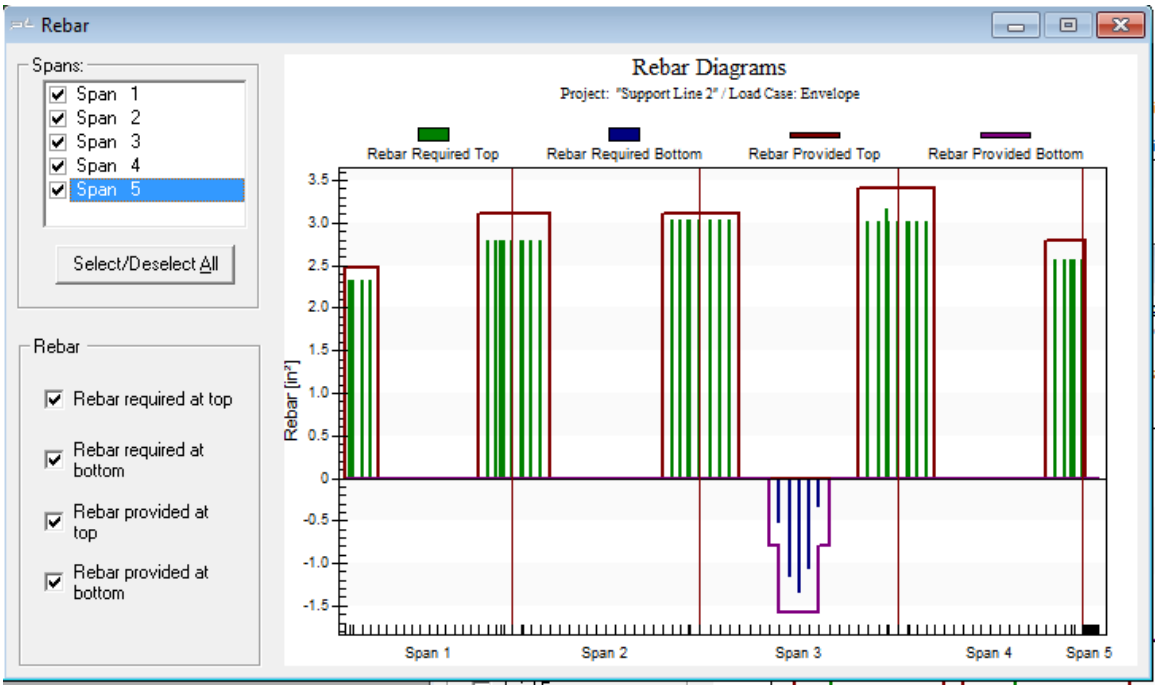


FIGURE 1.3-7

Additional references to be consulted with this manual:

1. ADAPT-PT/RC 2015 User Manual
2. ADAPT-PT/RC 2015 Getting Started Tutorial – RC mode
3. ADAPT-PT/RC 2015 Verification Manual
4. ADAPT-PT/RC 2015 release video: https://www.youtube.com/watch?v=sl2hWRgtXkk&feature=youtu.be